
































Metompkin Inlet, VA - Jun 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:00	4.4	2:34	3.3	8:21	0.1	8:27	0.2	5:42	8:18	
2	Sat	3:02	4.0	3:41	3.4	9:18	0.1	9:35	0.3	5:41	8:19	
3	Sun	4:05	3.7	4:47	3.6	10:13	0.1	10:41	0.4	5:41	8:20	
4	Mon	5:05	3.5	5:44	3.8	11:05	0.1	11:46	0.3	5:41	8:20	
5	Tue	6:00	3.4	6:34	4.0	11:53	0.1			5:40	8:21	
6	Wed	6:48	3.2	7:18	4.2	12:44	0.3	12:38	0.1	5:40	8:21	
7	Thu	7:33	3.2	7:59	4.3	1:35	0.2	1:20	0.1	5:40	8:22	
8	Fri	8:15	3.1	8:40	4.4	2:19	0.2	2:00	0.1	5:40	8:22	
9	Sat	8:57	3.1	9:20	4.4	2:59	0.1	2:39	0.1	5:40	8:23	
10	Sun	9:39	3.1	10:02	4.4	3:37	0.2	3:19	0.2	5:40	8:23	
11	Mon	10:20	3.1	10:43	4.3	4:16	0.3	3:58	0.3	5:40	8:24	
12	Tue	11:02	3.1	11:25	4.2	4:55	0.4	4:39	0.4	5:40	8:24	
13	Wed	11:44	3.0			5:36	0.6	5:22	0.6	5:40	8:25	
14	Thu	12:07	4.1	12:28	3.0	6:19	0.7	6:07	0.7	5:40	8:25	
15	Fri	12:50	4.0	1:13	3.0	7:03	0.8	6:56	0.9	5:40	8:25	
16	Sat	1:34	3.8	2:02	3.1	7:47	0.8	7:49	0.9	5:40	8:26	
17	Sun	2:21	3.7	2:55	3.3	8:32	0.8	8:45	1.0	5:40	8:26	
18	Mon	3:12	3.6	3:50	3.5	9:17	0.7	9:43	0.9	5:40	8:26	
19	Tue	4:06	3.5	4:44	3.8	10:05	0.5	10:43	0.7	5:40	8:27	
20	Wed	5:01	3.5	5:38	4.2	10:54	0.3	11:43	0.5	5:41	8:27	
21	Thu	5:56	3.5	6:30	4.6	11:46	0.1			5:41	8:27	
22	Fri	6:50	3.5	7:22	5.0	12:42	0.2	12:38	-0.2	5:41	8:27	
23	Sat	7:43	3.6	8:15	5.2	1:38	-0.1	1:31	-0.4	5:41	8:27	
24	Sun	8:37	3.6	9:09	5.4	2:32	-0.3	2:24	-0.6	5:42	8:28	
25	Mon	9:31	3.6	10:03	5.4	3:25	-0.5	3:17	-0.7	5:42	8:28	
26	Tue	10:25	3.7	10:57	5.3	4:18	-0.5	4:11	-0.7	5:42	8:28	
27	Wed	11:20	3.7	11:50	5.0	5:11	-0.5	5:06	-0.6	5:43	8:28	
28	Thu			12:16	3.6	6:05	-0.4	6:05	-0.4	5:43	8:28	
29	Fri	12:44	4.7	1:13	3.6	6:59	-0.2	7:06	-0.1	5:44	8:28	
30	Sat	1:38	4.3	2:12	3.6	7:53	-0.1	8:10	0.2	5:44	8:28	