































Metompkin Inlet, VA - Sep 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:19	2.9	5:58	3.9	11:01	1.0			6:33	7:30	
2	Sun	6:12	3.0	6:47	4.1	12:21	1.2	11:55 AM	0.9	6:34	7:29	
3	Mon	6:58	3.2	7:30	4.2	1:05	1.1	12:44	0.7	6:34	7:27	
4	Tue	7:41	3.4	8:10	4.4	1:41	0.9	1:29	0.5	6:35	7:26	
5	Wed	8:22	3.7	8:48	4.5	2:16	0.8	2:11	0.4	6:36	7:24	
6	Thu	9:02	3.9	9:26	4.5	2:49	0.6	2:51	0.3	6:37	7:23	
7	Fri	9:42	4.1	10:04	4.5	3:23	0.5	3:31	0.3	6:38	7:21	
8	Sat	10:21	4.2	10:41	4.3	3:58	0.4	4:12	0.3	6:39	7:20	
9	Sun	11:01	4.4	11:20	4.2	4:33	0.4	4:55	0.4	6:39	7:18	
10	Mon	11:42	4.4			5:11	0.5	5:42	0.6	6:40	7:17	
11	Tue	12:00	3.9	12:26	4.5	5:52	0.5	6:34	0.7	6:41	7:15	
12	Wed	12:44	3.7	1:15	4.5	6:37	0.6	7:31	0.9	6:42	7:14	
13	Thu	1:34	3.5	2:12	4.5	7:30	0.7	8:33	1.0	6:43	7:12	
14	Fri	2:34	3.3	3:17	4.5	8:29	0.7	9:38	1.0	6:44	7:11	
15	Sat	3:41	3.2	4:26	4.5	9:34	0.6	10:45	0.8	6:44	7:09	
16	Sun	4:51	3.3	5:33	4.7	10:40	0.4	11:49	0.6	6:45	7:08	
17	Mon	5:56	3.5	6:34	4.8	11:46	0.2			6:46	7:06	
18	Tue	6:55	3.8	7:28	4.9	12:47	0.3	12:48	-0.1	6:47	7:04	
19	Wed	7:49	4.2	8:19	5.0	1:38	0.0	1:45	-0.4	6:48	7:03	
20	Thu	8:40	4.4	9:07	4.9	2:24	-0.2	2:38	-0.5	6:49	7:01	
21	Fri	9:28	4.7	9:54	4.7	3:08	-0.3	3:28	-0.5	6:50	7:00	
22	Sat	10:15	4.8	10:38	4.4	3:50	-0.3	4:17	-0.3	6:50	6:58	
23	Sun	11:01	4.7	11:23	4.0	4:31	-0.2	5:06	-0.1	6:51	6:57	
24	Mon	11:47	4.6			5:13	0.1	5:57	0.3	6:52	6:55	
25	Tue	12:07	3.7	12:33	4.4	5:57	0.4	6:49	0.6	6:53	6:54	
26	Wed	12:53	3.4	1:22	4.2	6:43	0.7	7:44	1.0	6:54	6:52	
27	Thu	1:42	3.1	2:16	4.0	7:34	1.0	8:43	1.2	6:55	6:50	
28	Fri	2:38	2.9	3:16	3.8	8:29	1.2	9:43	1.4	6:56	6:49	
29	Sat	3:40	2.8	4:21	3.8	9:27	1.2	10:43	1.4	6:56	6:47	
30	Sun	4:44	2.9	5:21	3.9	10:26	1.2	11:36	1.3	6:57	6:46	