

































## Metompkin Inlet, VA - Oct 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:40	3.1	6:11	4.0	11:22	1.1			6:58	6:44	
2	Tue	6:28	3.4	6:55	4.2	12:20	1.2	12:14	0.9	6:59	6:43	
3	Wed	7:11	3.7	7:35	4.3	12:59	1.0	1:01	0.7	7:00	6:41	
4	Thu	7:52	4.0	8:14	4.4	1:35	0.7	1:44	0.5	7:01	6:40	
5	Fri	8:32	4.3	8:53	4.4	2:10	0.5	2:27	0.3	7:02	6:38	
6	Sat	9:12	4.5	9:32	4.3	2:45	0.3	3:09	0.2	7:03	6:37	
7	Sun	9:52	4.7	10:12	4.2	3:22	0.2	3:52	0.2	7:04	6:35	
8	Mon	10:34	4.9	10:54	4.0	3:59	0.2	4:37	0.2	7:04	6:34	
9	Tue	11:18	4.9	11:38	3.8	4:39	0.3	5:25	0.4	7:05	6:32	
10	Wed			12:05	4.9	5:23	0.4	6:19	0.6	7:06	6:31	
11	Thu	12:25	3.6	12:57	4.8	6:13	0.5	7:17	0.7	7:07	6:30	
12	Fri	1:19	3.4	1:56	4.6	7:11	0.6	8:20	0.8	7:08	6:28	
13	Sat	2:21	3.2	3:02	4.5	8:15	0.7	9:26	0.8	7:09	6:27	
14	Sun	3:31	3.2	4:12	4.4	9:22	0.6	10:30	0.7	7:10	6:25	
15	Mon	4:42	3.4	5:18	4.5	10:31	0.5	11:31	0.5	7:11	6:24	
16	Tue	5:47	3.7	6:17	4.5	11:37	0.3			7:12	6:23	
17	Wed	6:43	4.0	7:09	4.5	12:25	0.2	12:39	0.0	7:13	6:21	
18	Thu	7:34	4.4	7:58	4.4	1:13	0.0	1:34	-0.2	7:14	6:20	
19	Fri	8:21	4.6	8:43	4.3	1:57	-0.2	2:25	-0.3	7:15	6:19	
20	Sat	9:06	4.8	9:27	4.1	2:38	-0.3	3:13	-0.3	7:16	6:17	
21	Sun	9:50	4.9	10:10	3.9	3:18	-0.2	3:59	-0.2	7:17	6:16	
22	Mon	10:34	4.8	10:53	3.6	3:58	-0.1	4:44	0.1	7:18	6:15	
23	Tue	11:17	4.7	11:37	3.4	4:38	0.1	5:30	0.4	7:19	6:13	
24	Wed			12:01	4.4	5:20	0.4	6:19	0.7	7:20	6:12	
25	Thu	12:21	3.2	12:48	4.2	6:05	0.7	7:10	1.0	7:21	6:11	
26	Fri	1:08	3.0	1:39	4.0	6:55	1.0	8:04	1.2	7:22	6:10	
27	Sat	2:01	2.9	2:35	3.8	7:50	1.2	9:00	1.3	7:23	6:09	
28	Sun	3:01	2.8	3:35	3.7	8:48	1.2	9:54	1.3	7:24	6:07	
29	Mon	4:03	2.9	4:34	3.7	9:46	1.2	10:43	1.2	7:25	6:06	
30	Tue	5:01	3.2	5:26	3.8	10:43	1.1	11:29	1.0	7:26	6:05	
31	Wed	5:52	3.5	6:12	3.9	11:38	0.9			7:27	6:04	