
































Metompkin Inlet, VA - Nov 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:36	3.8	6:55	4.0	12:10	0.8	12:28	0.7	7:28	6:03	
2	Fri	7:18	4.2	7:37	4.1	12:50	0.5	1:16	0.4	7:29	6:02	
3	Sat	8:00	4.5	8:19	4.1	1:29	0.3	2:02	0.2	7:30	6:01	
4	Sun	7:42	4.8	8:01	4.0	1:09	0.1	1:47	0.0	6:31	5:00	
5	Mon	8:26	5.0	8:46	3.9	1:49	-0.1	2:33	-0.1	6:32	4:59	
6	Tue	9:11	5.1	9:31	3.8	2:31	-0.1	3:21	0.0	6:33	4:58	
7	Wed	9:59	5.1	10:19	3.6	3:15	-0.1	4:11	0.1	6:34	4:57	
8	Thu	10:49	5.0	11:11	3.4	4:04	0.0	5:06	0.2	6:35	4:56	
9	Fri	11:44	4.8			4:58	0.1	6:05	0.4	6:36	4:55	
10	Sat	12:07	3.3	12:43	4.6	5:58	0.3	7:07	0.5	6:37	4:54	
11	Sun	1:11	3.2	1:47	4.4	7:03	0.4	8:10	0.5	6:38	4:54	
12	Mon	2:20	3.2	2:54	4.2	8:12	0.4	9:10	0.4	6:40	4:53	
13	Tue	3:31	3.4	3:58	4.0	9:20	0.4	10:06	0.2	6:41	4:52	
14	Wed	4:35	3.7	4:56	4.0	10:27	0.3	10:58	0.0	6:42	4:51	
15	Thu	5:29	4.0	5:47	3.9	11:29	0.1	11:45	-0.1	6:43	4:50	
16	Fri	6:17	4.3	6:34	3.7			12:24	0.0	6:44	4:50	
17	Sat	7:02	4.5	7:19	3.6	12:28	-0.2	1:13	-0.1	6:45	4:49	
18	Sun	7:45	4.6	8:02	3.5	1:09	-0.3	1:58	-0.1	6:46	4:49	
19	Mon	8:27	4.7	8:44	3.4	1:49	-0.2	2:41	-0.1	6:47	4:48	
20	Tue	9:09	4.6	9:26	3.2	2:28	-0.1	3:23	0.1	6:48	4:47	
21	Wed	9:52	4.5	10:09	3.1	3:08	0.0	4:06	0.3	6:49	4:47	
22	Thu	10:35	4.3	10:52	3.0	3:49	0.3	4:50	0.5	6:50	4:46	
23	Fri	11:19	4.1	11:38	2.9	4:33	0.5	5:37	0.8	6:51	4:46	
24	Sat			12:06	3.9	5:20	0.7	6:25	0.9	6:52	4:46	
25	Sun	12:27	2.8	12:55	3.7	6:12	0.9	7:14	1.0	6:53	4:45	
26	Mon	1:21	2.8	1:48	3.6	7:07	1.0	8:03	1.0	6:54	4:45	
27	Tue	2:18	2.9	2:42	3.5	8:04	1.1	8:50	0.9	6:55	4:44	
28	Wed	3:16	3.1	3:35	3.5	9:01	1.0	9:35	0.7	6:56	4:44	
29	Thu	4:09	3.4	4:25	3.5	9:58	0.8	10:20	0.5	6:57	4:44	
30	Fri	4:58	3.8	5:13	3.6	10:53	0.6	11:05	0.2	6:58	4:44	