

































## Metompkin Inlet, VA - Mar 2041

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:13	4.7	7:30	3.8	12:30	-1.0	1:21	-0.6	6:32	5:56	
2	Sat	8:05	4.8	8:22	4.1	1:26	-1.2	2:08	-0.9	6:31	5:57	
3	Sun	8:54	4.7	9:13	4.3	2:19	-1.3	2:54	-1.0	6:29	5:58	
4	Mon	9:42	4.4	10:02	4.3	3:11	-1.3	3:38	-0.9	6:28	5:59	
5	Tue	10:28	4.1	10:51	4.3	4:03	-1.1	4:23	-0.8	6:27	6:00	
6	Wed	11:15	3.7	11:40	4.1	4:56	-0.7	5:09	-0.5	6:25	6:01	
7	Thu			12:02	3.3	5:51	-0.3	5:57	-0.2	6:24	6:02	
8	Fri	12:31	3.9	12:52	2.9	6:49	0.1	6:48	0.1	6:22	6:03	
9	Sat	1:27	3.7	1:47	2.6	7:50	0.5	7:43	0.4	6:21	6:04	
10	Sun	3:30	3.4	3:50	2.4	9:55	0.7	9:42	0.5	7:19	7:05	
11	Mon	4:38	3.4	4:56	2.4	11:03	0.8	10:44	0.5	7:18	7:06	
12	Tue	5:44	3.4	5:56	2.5			12:06	0.8	7:16	7:07	
13	Wed	6:37	3.5	6:45	2.8			12:54	0.7	7:15	7:07	
14	Thu	7:22	3.6	7:28	3.0	12:36	0.3	1:32	0.6	7:13	7:08	
15	Fri	8:01	3.8	8:08	3.3	1:21	0.1	2:05	0.4	7:12	7:09	
16	Sat	8:38	3.9	8:48	3.5	2:03	0.0	2:36	0.3	7:10	7:10	
17	Sun	9:15	3.9	9:26	3.7	2:42	-0.1	3:08	0.2	7:09	7:11	
18	Mon	9:51	3.9	10:04	3.9	3:20	-0.2	3:41	0.1	7:07	7:12	
19	Tue	10:28	3.8	10:42	4.0	3:59	-0.2	4:14	0.1	7:06	7:13	
20	Wed	11:04	3.7	11:21	4.1	4:39	-0.1	4:49	0.1	7:04	7:14	
21	Thu	11:42	3.5			5:22	0.0	5:27	0.2	7:03	7:15	
22	Fri	12:01	4.1	12:22	3.3	6:08	0.2	6:09	0.3	7:01	7:16	
23	Sat	12:46	4.1	1:07	3.1	7:00	0.4	6:57	0.4	7:00	7:17	
24	Sun	1:38	4.0	2:00	2.9	7:58	0.6	7:54	0.4	6:58	7:18	
25	Mon	2:39	4.0	3:04	2.8	9:01	0.6	8:58	0.4	6:57	7:19	
26	Tue	3:48	4.0	4:14	2.9	10:07	0.6	10:05	0.2	6:55	7:20	
27	Wed	4:57	4.1	5:22	3.1	11:12	0.4	11:13	-0.1	6:54	7:20	
28	Thu	6:02	4.3	6:24	3.4			12:12	0.1	6:52	7:21	
29	Fri	6:59	4.4	7:20	3.8	12:18	-0.4	1:06	-0.2	6:51	7:22	
30	Sat	7:52	4.5	8:12	4.2	1:18	-0.7	1:55	-0.5	6:49	7:23	
31	Sun	8:42	4.4	9:02	4.5	2:14	-0.9	2:40	-0.7	6:48	7:24	