






























Metompkin Inlet, VA - Feb 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:03	3.2	1:19	2.7	7:09	0.6	7:16	0.4	7:05	5:25	
2	Mon	1:55	3.2	2:10	2.5	8:03	0.8	8:03	0.5	7:04	5:27	
3	Tue	2:52	3.2	3:07	2.4	9:01	0.9	8:55	0.5	7:04	5:28	
4	Wed	3:52	3.3	4:06	2.4	10:01	0.9	9:50	0.5	7:03	5:29	
5	Thu	4:49	3.5	5:01	2.5	11:00	0.8	10:45	0.3	7:02	5:30	
6	Fri	5:42	3.7	5:52	2.7	11:54	0.6	11:38	0.0	7:01	5:31	
7	Sat	6:31	4.0	6:40	2.9			12:41	0.3	7:00	5:32	
8	Sun	7:17	4.3	7:27	3.2	12:28	-0.3	1:24	0.1	6:59	5:33	
9	Mon	8:01	4.4	8:13	3.4	1:16	-0.6	2:06	-0.2	6:58	5:34	
10	Tue	8:45	4.5	8:59	3.6	2:02	-0.8	2:46	-0.4	6:57	5:35	
11	Wed	9:28	4.5	9:46	3.9	2:49	-0.9	3:28	-0.6	6:56	5:37	
12	Thu	10:12	4.3	10:33	4.0	3:38	-0.8	4:10	-0.6	6:54	5:38	
13	Fri	10:56	4.1	11:21	4.1	4:29	-0.7	4:55	-0.6	6:53	5:39	
14	Sat	11:43	3.7			5:24	-0.5	5:42	-0.5	6:52	5:40	
15	Sun	12:13	4.1	12:34	3.3	6:23	-0.2	6:33	-0.3	6:51	5:41	
16	Mon	1:11	4.0	1:30	2.9	7:26	0.1	7:29	-0.2	6:50	5:42	
17	Tue	2:15	3.9	2:35	2.7	8:34	0.3	8:30	-0.1	6:49	5:43	
18	Wed	3:25	3.8	3:45	2.5	9:46	0.3	9:36	-0.1	6:47	5:44	
19	Thu	4:36	3.9	4:53	2.6	10:57	0.3	10:42	-0.2	6:46	5:45	
20	Fri	5:41	4.0	5:54	2.7			12:00	0.1	6:45	5:46	
21	Sat	6:36	4.1	6:46	2.9			12:52	0.0	6:44	5:47	
22	Sun	7:24	4.1	7:33	3.1	12:39	-0.6	1:34	-0.2	6:42	5:48	
23	Mon	8:07	4.1	8:17	3.3	1:27	-0.7	2:12	-0.3	6:41	5:49	
24	Tue	8:47	4.0	8:58	3.5	2:11	-0.7	2:47	-0.3	6:40	5:50	
25	Wed	9:25	3.9	9:38	3.6	2:53	-0.6	3:21	-0.2	6:38	5:51	
26	Thu	10:02	3.7	10:17	3.6	3:33	-0.4	3:55	-0.1	6:37	5:52	
27	Fri	10:39	3.5	10:56	3.6	4:14	-0.2	4:29	0.0	6:36	5:53	
28	Sat	11:16	3.2	11:37	3.6	4:57	0.1	5:05	0.2	6:34	5:54	