
































Metompkin Inlet, VA - Jun 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:16	3.8	3:53	3.6	9:25	0.4	9:49	0.6	5:42	8:18	
2	Tue	4:14	3.7	4:52	4.0	10:16	0.2	10:53	0.4	5:41	8:18	
3	Wed	5:12	3.7	5:49	4.4	11:08	0.0	11:56	0.1	5:41	8:19	
4	Thu	6:09	3.6	6:43	4.8			12:00	-0.2	5:41	8:20	
5	Fri	7:04	3.6	7:37	5.1	12:57	-0.2	12:53	-0.5	5:41	8:20	
6	Sat	7:58	3.6	8:30	5.3	1:55	-0.4	1:46	-0.6	5:40	8:21	
7	Sun	8:52	3.5	9:24	5.3	2:49	-0.5	2:38	-0.7	5:40	8:21	
8	Mon	9:46	3.5	10:18	5.2	3:43	-0.5	3:31	-0.7	5:40	8:22	
9	Tue	10:40	3.4	11:12	5.0	4:36	-0.4	4:24	-0.6	5:40	8:23	
10	Wed	11:34	3.4			5:29	-0.3	5:19	-0.3	5:40	8:23	
11	Thu	12:04	4.7	12:28	3.3	6:23	-0.1	6:16	-0.1	5:40	8:24	
12	Fri	12:57	4.3	1:23	3.2	7:17	0.1	7:16	0.2	5:40	8:24	
13	Sat	1:49	4.0	2:21	3.2	8:09	0.3	8:17	0.5	5:40	8:24	
14	Sun	2:42	3.6	3:20	3.3	8:58	0.4	9:18	0.7	5:40	8:25	
15	Mon	3:37	3.3	4:19	3.4	9:44	0.5	10:19	0.8	5:40	8:25	
16	Tue	4:32	3.1	5:11	3.6	10:28	0.6	11:18	0.9	5:40	8:26	
17	Wed	5:23	3.0	5:58	3.8	11:11	0.6			5:40	8:26	
18	Thu	6:11	2.9	6:42	4.0	12:13	0.8	11:54 AM	0.6	5:40	8:26	
19	Fri	6:56	2.9	7:24	4.1	1:01	0.7	12:37	0.5	5:40	8:26	
20	Sat	7:39	3.0	8:06	4.3	1:44	0.6	1:20	0.4	5:40	8:27	
21	Sun	8:22	3.0	8:48	4.4	2:24	0.5	2:02	0.4	5:41	8:27	
22	Mon	9:05	3.1	9:31	4.4	3:03	0.5	2:43	0.3	5:41	8:27	
23	Tue	9:47	3.1	10:13	4.5	3:42	0.5	3:24	0.3	5:41	8:27	
24	Wed	10:30	3.2	10:55	4.5	4:22	0.5	4:06	0.3	5:41	8:27	
25	Thu	11:13	3.2	11:36	4.4	5:03	0.5	4:50	0.3	5:42	8:28	
26	Fri	11:56	3.3			5:46	0.5	5:37	0.4	5:42	8:28	
27	Sat	12:18	4.3	12:43	3.4	6:30	0.4	6:29	0.5	5:42	8:28	
28	Sun	1:03	4.2	1:32	3.5	7:15	0.4	7:25	0.6	5:43	8:28	
29	Mon	1:51	3.9	2:27	3.7	8:02	0.3	8:26	0.6	5:43	8:28	
30	Tue	2:44	3.7	3:25	4.0	8:51	0.2	9:29	0.6	5:44	8:28	