

































Metompkin Inlet, VA - Aug 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:27	3.1	6:12	4.7	11:16	0.0			6:06	8:11	
2	Sun	6:29	3.1	7:11	4.8	12:34	0.4	12:18	-0.1	6:07	8:10	
3	Mon	7:27	3.3	8:07	4.9	1:33	0.2	1:17	-0.3	6:08	8:09	
4	Tue	8:22	3.4	8:58	4.9	2:25	0.0	2:12	-0.4	6:08	8:08	
5	Wed	9:13	3.6	9:46	4.8	3:11	-0.1	3:03	-0.5	6:09	8:07	
6	Thu	10:02	3.7	10:31	4.6	3:55	-0.1	3:52	-0.4	6:10	8:06	
7	Fri	10:49	3.8	11:13	4.4	4:36	-0.1	4:39	-0.2	6:11	8:04	
8	Sat	11:33	3.9	11:54	4.1	5:16	0.1	5:27	0.1	6:12	8:03	
9	Sun			12:17	3.8	5:56	0.2	6:16	0.4	6:13	8:02	
10	Mon	12:35	3.7	1:02	3.8	6:35	0.4	7:06	0.7	6:13	8:01	
11	Tue	1:18	3.4	1:49	3.7	7:16	0.7	7:59	1.0	6:14	8:00	
12	Wed	2:03	3.1	2:40	3.7	8:00	0.9	8:54	1.2	6:15	7:59	
13	Thu	2:54	2.9	3:36	3.7	8:47	1.0	9:52	1.4	6:16	7:57	
14	Fri	3:52	2.8	4:36	3.7	9:38	1.1	10:51	1.4	6:17	7:56	
15	Sat	4:51	2.8	5:34	3.9	10:33	1.0	11:49	1.3	6:18	7:55	
16	Sun	5:47	2.9	6:26	4.1	11:28	0.9			6:19	7:54	
17	Mon	6:38	3.0	7:14	4.3	12:41	1.2	12:21	0.7	6:19	7:52	
18	Tue	7:26	3.3	7:58	4.5	1:26	0.9	1:11	0.4	6:20	7:51	
19	Wed	8:11	3.5	8:41	4.7	2:07	0.7	1:57	0.2	6:21	7:50	
20	Thu	8:55	3.8	9:23	4.8	2:46	0.4	2:43	0.0	6:22	7:49	
21	Fri	9:39	4.0	10:04	4.8	3:24	0.2	3:28	-0.1	6:23	7:47	
22	Sat	10:24	4.3	10:46	4.7	4:03	0.1	4:15	-0.1	6:24	7:46	
23	Sun	11:09	4.5	11:29	4.4	4:43	0.0	5:04	0.0	6:25	7:44	
24	Mon	11:55	4.6			5:26	0.0	5:57	0.2	6:25	7:43	
25	Tue	12:15	4.1	12:45	4.6	6:11	0.1	6:54	0.4	6:26	7:42	
26	Wed	1:03	3.8	1:39	4.6	7:00	0.2	7:55	0.6	6:27	7:40	
27	Thu	1:57	3.4	2:40	4.5	7:55	0.3	9:01	0.8	6:28	7:39	
28	Fri	2:59	3.1	3:48	4.4	8:55	0.4	10:11	0.8	6:29	7:37	
29	Sat	4:09	3.0	4:59	4.5	10:00	0.4	11:21	0.8	6:30	7:36	
30	Sun	5:19	3.1	6:05	4.5	11:06	0.3			6:31	7:34	
31	Mon	6:23	3.2	7:03	4.6	12:26	0.6	12:10	0.2	6:31	7:33	