

































Metompkin Inlet, VA - Nov 2043

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 7:45 | 4.4 | 8:01 | 3.6 | 1:14 | 0.3 | 1:55 | 0.3 | 6:27 | 5:04 |  |
| 2 | Mon | 8:23 | 4.5 | 8:40 | 3.5 | 1:47 | 0.3 | 2:33 | 0.3 | 6:28 | 5:03 |  |
| 3 | Tue | 9:01 | 4.5 | 9:19 | 3.4 | 2:22 | 0.3 | 3:11 | 0.5 | 6:29 | 5:02 |  |
| 4 | Wed | 9:41 | 4.4 | 9:58 | 3.2 | 2:58 | 0.5 | 3:50 | 0.6 | 6:30 | 5:01 |  |
| 5 | Thu | 10:22 | 4.3 | 10:39 | 3.1 | 3:35 | 0.6 | 4:32 | 0.9 | 6:31 | 5:00 |  |
| 6 | Fri | 11:05 | 4.2 | 11:22 | 3.0 | 4:15 | 0.8 | 5:18 | 1.1 | 6:32 | 4:59 |  |
| 7 | Sat | 11:51 | 4.0 | | | 5:00 | 1.0 | 6:07 | 1.2 | 6:33 | 4:58 |  |
| 8 | Sun | 12:08 | 2.9 | 12:40 | 3.9 | 5:51 | 1.1 | 6:59 | 1.3 | 6:34 | 4:57 |  |
| 9 | Mon | 1:02 | 2.9 | 1:34 | 3.9 | 6:48 | 1.1 | 7:52 | 1.2 | 6:36 | 4:56 |  |
| 10 | Tue | 2:01 | 3.0 | 2:31 | 3.9 | 7:48 | 1.1 | 8:43 | 1.0 | 6:37 | 4:55 |  |
| 11 | Wed | 3:03 | 3.2 | 3:28 | 3.9 | 8:49 | 1.0 | 9:32 | 0.7 | 6:38 | 4:54 |  |
| 12 | Thu | 4:00 | 3.6 | 4:22 | 4.0 | 9:50 | 0.7 | 10:21 | 0.4 | 6:39 | 4:53 |  |
| 13 | Fri | 4:53 | 4.1 | 5:13 | 4.0 | 10:50 | 0.4 | 11:09 | 0.1 | 6:40 | 4:52 |  |
| 14 | Sat | 5:43 | 4.6 | 6:03 | 4.0 | 11:48 | 0.0 | 11:56 | -0.3 | 6:41 | 4:52 |  |
| 15 | Sun | 6:33 | 5.0 | 6:53 | 4.0 | | | 12:42 | -0.3 | 6:42 | 4:51 |  |
| 16 | Mon | 7:23 | 5.3 | 7:43 | 3.9 | 12:44 | -0.5 | 1:36 | -0.5 | 6:43 | 4:50 |  |
| 17 | Tue | 8:14 | 5.5 | 8:35 | 3.8 | 1:32 | -0.7 | 2:28 | -0.5 | 6:44 | 4:50 |  |
| 18 | Wed | 9:06 | 5.5 | 9:27 | 3.7 | 2:21 | -0.7 | 3:21 | -0.4 | 6:45 | 4:49 |  |
| 19 | Thu | 10:00 | 5.3 | 10:20 | 3.5 | 3:12 | -0.7 | 4:16 | -0.3 | 6:46 | 4:48 |  |
| 20 | Fri | 10:55 | 5.1 | 11:16 | 3.3 | 4:06 | -0.5 | 5:14 | 0.0 | 6:47 | 4:48 |  |
| 21 | Sat | 11:51 | 4.7 | | | 5:04 | -0.2 | 6:14 | 0.2 | 6:48 | 4:47 |  |
| 22 | Sun | 12:15 | 3.2 | 12:50 | 4.3 | 6:06 | 0.1 | 7:15 | 0.3 | 6:49 | 4:47 |  |
| 23 | Mon | 1:19 | 3.1 | 1:53 | 4.0 | 7:12 | 0.3 | 8:15 | 0.4 | 6:50 | 4:46 |  |
| 24 | Tue | 2:29 | 3.1 | 2:56 | 3.7 | 8:20 | 0.5 | 9:09 | 0.4 | 6:51 | 4:46 |  |
| 25 | Wed | 3:37 | 3.3 | 3:56 | 3.5 | 9:27 | 0.6 | 9:59 | 0.4 | 6:52 | 4:45 |  |
| 26 | Thu | 4:35 | 3.5 | 4:48 | 3.3 | 10:31 | 0.6 | 10:44 | 0.4 | 6:53 | 4:45 |  |
| 27 | Fri | 5:22 | 3.7 | 5:33 | 3.2 | 11:27 | 0.5 | 11:24 | 0.3 | 6:54 | 4:45 |  |
| 28 | Sat | 6:03 | 3.9 | 6:14 | 3.1 | | | 12:16 | 0.4 | 6:55 | 4:44 |  |
| 29 | Sun | 6:41 | 4.1 | 6:54 | 3.1 | 12:03 | 0.2 | 12:57 | 0.4 | 6:56 | 4:44 |  |
| 30 | Mon | 7:20 | 4.2 | 7:33 | 3.1 | 12:40 | 0.2 | 1:36 | 0.3 | 6:57 | 4:44 |  |