



Metompkin Inlet, VA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:01	4.2	9:07	3.0	2:08	-0.2	3:08	0.3	7:17	4:54	☀
2	Sat	9:37	4.2	9:49	3.0	2:50	-0.1	3:44	0.2	7:17	4:55	☀
3	Sun	10:19	4.1	10:31	3.0	3:32	-0.1	4:20	0.2	7:17	4:55	☀
4	Mon	10:55	4.0	11:13	3.1	4:14	0.0	5:02	0.2	7:17	4:56	☀
5	Tue	11:37	3.9			5:02	0.1	5:44	0.2	7:17	4:57	☀
6	Wed	12:01	3.2	12:19	3.6	5:56	0.3	6:26	0.2	7:17	4:58	☀
7	Thu	12:49	3.4	1:07	3.4	6:50	0.3	7:14	0.1	7:17	4:59	☀
8	Fri	1:49	3.5	2:07	3.2	7:50	0.4	8:08	0.0	7:17	5:00	☀
9	Sat	2:49	3.8	3:07	3.0	8:56	0.3	9:02	-0.1	7:17	5:01	☀
10	Sun	3:55	4.0	4:07	2.9	10:02	0.2	10:02	-0.3	7:17	5:02	☀
11	Mon	4:55	4.3	5:13	2.9	11:08	0.0	11:02	-0.6	7:17	5:03	☀
12	Tue	5:55	4.6	6:13	3.0			12:14	-0.2	7:16	5:04	☀
13	Wed	6:49	4.8	7:07	3.1	12:02	-0.9	1:08	-0.5	7:16	5:05	☀
14	Thu	7:49	4.9	8:01	3.3	12:56	-1.1	2:02	-0.6	7:16	5:06	☀
15	Fri	8:43	4.9	8:55	3.4	1:50	-1.2	2:50	-0.7	7:16	5:07	☀
16	Sat	9:31	4.7	9:49	3.4	2:44	-1.2	3:38	-0.7	7:15	5:08	☀
17	Sun	10:19	4.5	10:37	3.5	3:38	-1.1	4:26	-0.7	7:15	5:09	☀
18	Mon	11:07	4.1	11:25	3.4	4:32	-0.8	5:14	-0.5	7:15	5:10	☀
19	Tue	11:49	3.7			5:26	-0.4	5:56	-0.3	7:14	5:11	☀
20	Wed	12:19	3.4	12:37	3.3	6:20	-0.1	6:44	-0.1	7:14	5:12	☀
21	Thu	1:07	3.3	1:25	2.9	7:14	0.3	7:26	0.1	7:13	5:13	☀
22	Fri	2:01	3.2	2:13	2.6	8:14	0.5	8:14	0.3	7:13	5:14	☀
23	Sat	3:01	3.2	3:13	2.4	9:14	0.7	9:02	0.4	7:12	5:15	☀
24	Sun	4:01	3.3	4:13	2.3	10:14	0.8	9:56	0.4	7:11	5:16	☀
25	Mon	4:55	3.4	5:01	2.4	11:14	0.7	10:50	0.3	7:11	5:17	☀
26	Tue	5:49	3.5	5:55	2.5			12:08	0.6	7:10	5:19	☀
27	Wed	6:31	3.7	6:37	2.7			12:50	0.5	7:09	5:20	☀
28	Thu	7:13	3.9	7:25	2.8	12:26	-0.1	1:26	0.3	7:09	5:21	☀
29	Fri	7:55	4.1	8:07	3.0	1:08	-0.2	2:02	0.2	7:08	5:22	☀
30	Sat	8:37	4.2	8:49	3.2	1:50	-0.4	2:38	0.0	7:07	5:23	☀
31	Sun	9:13	4.2	9:25	3.3	2:32	-0.4	3:14	-0.1	7:06	5:24	☀