
































Metompkin Inlet, VA - Sep 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:17	2.7	5:04	3.8	10:02	1.1	11:27	1.4	6:33	7:30	
2	Fri	5:18	2.8	6:01	3.9	11:00	1.0			6:34	7:29	
3	Sat	6:11	3.0	6:48	4.1	12:19	1.3	11:55 AM	0.9	6:35	7:27	
4	Sun	6:58	3.3	7:30	4.3	1:01	1.1	12:44	0.7	6:35	7:26	
5	Mon	7:41	3.5	8:09	4.4	1:37	0.9	1:29	0.5	6:36	7:24	
6	Tue	8:22	3.8	8:47	4.5	2:11	0.7	2:12	0.3	6:37	7:23	
7	Wed	9:02	4.1	9:25	4.5	2:45	0.5	2:54	0.2	6:38	7:21	
8	Thu	9:42	4.3	10:03	4.4	3:20	0.4	3:35	0.2	6:39	7:20	
9	Fri	10:23	4.5	10:42	4.3	3:55	0.3	4:19	0.2	6:40	7:18	
10	Sat	11:04	4.6	11:23	4.0	4:32	0.3	5:04	0.3	6:40	7:17	
11	Sun	11:48	4.7			5:12	0.3	5:54	0.5	6:41	7:15	
12	Mon	12:06	3.8	12:36	4.7	5:56	0.4	6:49	0.7	6:42	7:14	
13	Tue	12:53	3.5	1:30	4.6	6:46	0.5	7:50	0.9	6:43	7:12	
14	Wed	1:48	3.3	2:32	4.5	7:44	0.6	8:56	1.0	6:44	7:11	
15	Thu	2:53	3.1	3:42	4.5	8:48	0.6	10:04	1.0	6:45	7:09	
16	Fri	4:05	3.1	4:53	4.5	9:56	0.5	11:11	0.8	6:45	7:08	
17	Sat	5:16	3.3	5:58	4.6	11:04	0.4			6:46	7:06	
18	Sun	6:19	3.6	6:54	4.7	12:11	0.6	12:09	0.1	6:47	7:04	
19	Mon	7:14	3.9	7:45	4.7	1:04	0.3	1:09	-0.1	6:48	7:03	
20	Tue	8:05	4.3	8:32	4.7	1:50	0.0	2:03	-0.3	6:49	7:01	
21	Wed	8:52	4.5	9:17	4.5	2:33	-0.1	2:53	-0.3	6:50	7:00	
22	Thu	9:38	4.7	10:00	4.3	3:13	-0.2	3:40	-0.3	6:50	6:58	
23	Fri	10:22	4.7	10:42	4.0	3:52	-0.1	4:27	-0.1	6:51	6:57	
24	Sat	11:05	4.7	11:24	3.7	4:31	0.1	5:13	0.2	6:52	6:55	
25	Sun	11:48	4.5			5:11	0.3	6:00	0.6	6:53	6:54	
26	Mon	12:06	3.4	12:33	4.3	5:53	0.6	6:50	0.9	6:54	6:52	
27	Tue	12:51	3.2	1:22	4.1	6:39	0.9	7:44	1.2	6:55	6:50	
28	Wed	1:39	3.0	2:17	3.9	7:30	1.1	8:42	1.5	6:56	6:49	
29	Thu	2:35	2.8	3:19	3.8	8:26	1.3	9:42	1.6	6:56	6:47	
30	Fri	3:39	2.8	4:23	3.8	9:26	1.3	10:39	1.5	6:57	6:46	