
































Metompkin Inlet, VA - Nov 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:48	3.7	6:07	3.9	11:37	0.9			7:28	6:03	
2	Wed	6:33	4.1	6:52	3.9	12:02	0.7	12:30	0.6	7:29	6:02	
3	Thu	7:17	4.5	7:36	4.0	12:44	0.4	1:19	0.3	7:30	6:01	
4	Fri	8:01	4.8	8:20	4.0	1:26	0.1	2:08	0.1	7:31	6:00	
5	Sat	8:46	5.1	9:05	3.9	2:08	-0.1	2:55	-0.1	7:32	5:59	
6	Sun	8:33	5.3	8:53	3.8	1:51	-0.2	2:44	-0.1	6:33	4:58	
7	Mon	9:22	5.3	9:41	3.7	2:37	-0.3	3:34	-0.1	6:34	4:57	
8	Tue	10:13	5.2	10:33	3.5	3:25	-0.3	4:28	0.1	6:35	4:56	
9	Wed	11:07	5.0	11:28	3.4	4:18	-0.1	5:26	0.3	6:36	4:55	
10	Thu			12:04	4.7	5:17	0.1	6:27	0.4	6:37	4:54	
11	Fri	12:28	3.2	1:05	4.4	6:21	0.2	7:29	0.5	6:38	4:53	
12	Sat	1:35	3.2	2:10	4.2	7:28	0.4	8:29	0.4	6:40	4:53	
13	Sun	2:46	3.3	3:16	3.9	8:38	0.5	9:26	0.3	6:41	4:52	
14	Mon	3:55	3.6	4:17	3.8	9:46	0.4	10:18	0.2	6:42	4:51	
15	Tue	4:53	3.9	5:10	3.6	10:51	0.3	11:06	0.1	6:43	4:50	
16	Wed	5:43	4.1	5:58	3.5	11:49	0.2	11:50	0.0	6:44	4:50	
17	Thu	6:27	4.4	6:42	3.4			12:40	0.1	6:45	4:49	
18	Fri	7:09	4.5	7:24	3.3	12:31	-0.1	1:25	0.1	6:46	4:49	
19	Sat	7:50	4.5	8:06	3.3	1:11	-0.1	2:07	0.1	6:47	4:48	
20	Sun	8:31	4.5	8:47	3.2	1:50	0.0	2:47	0.2	6:48	4:47	
21	Mon	9:13	4.5	9:28	3.1	2:29	0.1	3:27	0.3	6:49	4:47	
22	Tue	9:55	4.3	10:10	3.0	3:08	0.2	4:08	0.5	6:50	4:46	
23	Wed	10:38	4.2	10:53	2.9	3:49	0.4	4:51	0.7	6:51	4:46	
24	Thu	11:22	4.0	11:38	2.9	4:33	0.6	5:36	0.9	6:52	4:45	
25	Fri			12:07	3.9	5:20	0.7	6:23	1.0	6:53	4:45	
26	Sat	12:27	2.8	12:54	3.7	6:12	0.9	7:10	1.0	6:54	4:45	
27	Sun	1:20	2.9	1:44	3.6	7:07	1.0	7:56	0.9	6:55	4:44	
28	Mon	2:16	3.0	2:37	3.5	8:04	1.0	8:41	0.8	6:56	4:44	
29	Tue	3:12	3.3	3:30	3.4	9:02	0.9	9:27	0.6	6:57	4:44	
30	Wed	4:06	3.7	4:22	3.4	10:01	0.7	10:14	0.4	6:58	4:44	