
































Metompkin Inlet, VA - Sep 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:13	4.2	5:37	0.7	6:17	0.9	6:33	7:31	
2	Sat	12:28	3.5	12:58	4.2	6:18	0.8	7:09	1.1	6:33	7:29	
3	Sun	1:12	3.3	1:49	4.2	7:05	0.8	8:07	1.2	6:34	7:28	
4	Mon	2:04	3.2	2:50	4.3	8:01	0.8	9:10	1.2	6:35	7:26	
5	Tue	3:08	3.1	3:57	4.4	9:03	0.8	10:15	1.1	6:36	7:25	
6	Wed	4:18	3.1	5:05	4.5	10:08	0.6	11:19	0.9	6:37	7:23	
7	Thu	5:25	3.4	6:06	4.8	11:14	0.3			6:38	7:22	
8	Fri	6:26	3.7	7:03	5.0	12:19	0.5	12:18	0.0	6:38	7:20	
9	Sat	7:22	4.1	7:55	5.0	1:12	0.2	1:18	-0.4	6:39	7:19	
10	Sun	8:16	4.5	8:45	5.0	2:00	-0.2	2:14	-0.6	6:40	7:17	
11	Mon	9:07	4.8	9:33	4.9	2:46	-0.4	3:07	-0.7	6:41	7:16	
12	Tue	9:57	5.0	10:21	4.6	3:30	-0.5	3:59	-0.6	6:42	7:14	
13	Wed	10:46	5.0	11:08	4.2	4:14	-0.5	4:51	-0.4	6:43	7:13	
14	Thu	11:35	5.0	11:55	3.9	4:59	-0.3	5:44	0.0	6:43	7:11	
15	Fri			12:25	4.7	5:46	0.0	6:40	0.4	6:44	7:09	
16	Sat	12:43	3.5	1:17	4.5	6:35	0.3	7:39	0.8	6:45	7:08	
17	Sun	1:35	3.2	2:14	4.2	7:29	0.6	8:42	1.1	6:46	7:06	
18	Mon	2:32	2.9	3:18	3.9	8:27	0.9	9:48	1.3	6:47	7:05	
19	Tue	3:37	2.8	4:27	3.8	9:28	1.0	10:54	1.3	6:48	7:03	
20	Wed	4:45	2.9	5:30	3.9	10:30	1.0	11:50	1.3	6:49	7:02	
21	Thu	5:44	3.0	6:19	4.0	11:28	1.0			6:49	7:00	
22	Fri	6:31	3.3	7:01	4.1	12:33	1.2	12:20	0.8	6:50	6:59	
23	Sat	7:13	3.6	7:38	4.1	1:07	1.0	1:05	0.7	6:51	6:57	
24	Sun	7:52	3.9	8:15	4.2	1:39	0.8	1:47	0.5	6:52	6:55	
25	Mon	8:30	4.1	8:51	4.2	2:11	0.6	2:26	0.4	6:53	6:54	
26	Tue	9:08	4.3	9:28	4.1	2:43	0.5	3:05	0.4	6:54	6:52	
27	Wed	9:46	4.5	10:05	4.0	3:16	0.5	3:45	0.4	6:55	6:51	
28	Thu	10:25	4.6	10:43	3.9	3:50	0.5	4:25	0.5	6:55	6:49	
29	Fri	11:05	4.6	11:22	3.7	4:26	0.5	5:09	0.7	6:56	6:48	
30	Sat	11:47	4.6			5:05	0.6	5:57	0.8	6:57	6:46	