

































Metompkin Inlet, VA - Oct 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:04	3.5	12:34	4.6	5:49	0.7	6:50	1.0	6:58	6:45	
2	Mon	12:51	3.3	1:28	4.5	6:41	0.8	7:50	1.1	6:59	6:43	
3	Tue	1:47	3.2	2:30	4.4	7:41	0.8	8:53	1.1	7:00	6:42	
4	Wed	2:53	3.2	3:38	4.4	8:47	0.8	9:57	1.0	7:01	6:40	
5	Thu	4:04	3.3	4:45	4.5	9:55	0.6	10:57	0.7	7:02	6:39	
6	Fri	5:12	3.6	5:46	4.6	11:02	0.4	11:53	0.4	7:02	6:37	
7	Sat	6:12	4.0	6:41	4.6			12:07	0.1	7:03	6:36	
8	Sun	7:06	4.4	7:32	4.6	12:44	0.1	1:06	-0.2	7:04	6:34	
9	Mon	7:57	4.8	8:21	4.5	1:32	-0.2	2:01	-0.4	7:05	6:33	
10	Tue	8:46	5.1	9:09	4.4	2:17	-0.4	2:53	-0.5	7:06	6:31	
11	Wed	9:34	5.2	9:55	4.1	3:00	-0.5	3:43	-0.4	7:07	6:30	
12	Thu	10:21	5.2	10:42	3.9	3:44	-0.4	4:33	-0.2	7:08	6:28	
13	Fri	11:09	5.0	11:28	3.6	4:28	-0.2	5:23	0.1	7:09	6:27	
14	Sat	11:57	4.7			5:14	0.1	6:15	0.5	7:10	6:26	
15	Sun	12:15	3.3	12:47	4.4	6:03	0.4	7:10	0.8	7:11	6:24	
16	Mon	1:05	3.1	1:41	4.1	6:56	0.8	8:09	1.1	7:12	6:23	
17	Tue	2:00	2.9	2:39	3.9	7:53	1.0	9:08	1.3	7:13	6:22	
18	Wed	3:01	2.9	3:42	3.7	8:53	1.1	10:05	1.3	7:14	6:20	
19	Thu	4:07	2.9	4:42	3.7	9:54	1.2	10:55	1.3	7:15	6:19	
20	Fri	5:07	3.1	5:34	3.7	10:52	1.1	11:38	1.1	7:16	6:18	
21	Sat	5:56	3.4	6:18	3.8	11:45	1.0			7:17	6:16	
22	Sun	6:39	3.8	6:58	3.8	12:16	0.9	12:34	0.8	7:18	6:15	
23	Mon	7:19	4.1	7:37	3.9	12:52	0.7	1:18	0.6	7:19	6:14	
24	Tue	7:58	4.4	8:16	3.9	1:28	0.6	2:01	0.5	7:20	6:12	
25	Wed	8:37	4.6	8:56	3.8	2:04	0.4	2:42	0.4	7:21	6:11	
26	Thu	9:18	4.8	9:36	3.8	2:40	0.3	3:23	0.3	7:22	6:10	
27	Fri	9:59	4.9	10:17	3.7	3:18	0.3	4:06	0.4	7:23	6:09	
28	Sat	10:42	4.9	11:00	3.5	3:58	0.3	4:52	0.5	7:24	6:08	
29	Sun	11:29	4.8	11:47	3.4	4:42	0.3	5:42	0.6	7:25	6:07	
30	Mon			12:19	4.7	5:30	0.4	6:37	0.7	7:26	6:05	
31	Tue	12:38	3.3	1:13	4.6	6:26	0.5	7:35	0.8	7:27	6:04	