































## Metompkin Inlet, VA - Jun 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:41	3.1	7:09	4.2	12:33	0.7	12:24	0.5	5:42	8:18	
2	Sat	7:26	3.2	7:52	4.4	1:21	0.6	1:08	0.4	5:41	8:19	
3	Sun	8:10	3.2	8:36	4.6	2:05	0.4	1:52	0.2	5:41	8:19	
4	Mon	8:55	3.3	9:21	4.8	2:49	0.3	2:36	0.1	5:41	8:20	
5	Tue	9:40	3.3	10:07	4.8	3:33	0.2	3:20	0.0	5:41	8:20	
6	Wed	10:27	3.4	10:53	4.8	4:18	0.1	4:06	0.0	5:40	8:21	
7	Thu	11:14	3.4	11:40	4.8	5:05	0.1	4:56	0.0	5:40	8:22	
8	Fri			12:04	3.5	5:53	0.1	5:49	0.1	5:40	8:22	
9	Sat	12:29	4.6	12:56	3.5	6:44	0.1	6:47	0.2	5:40	8:23	
10	Sun	1:20	4.4	1:53	3.6	7:35	0.1	7:49	0.3	5:40	8:23	
11	Mon	2:14	4.1	2:53	3.8	8:27	0.0	8:53	0.4	5:40	8:24	
12	Tue	3:12	3.8	3:55	4.0	9:19	0.0	9:59	0.4	5:40	8:24	
13	Wed	4:13	3.5	4:57	4.2	10:12	-0.1	11:05	0.3	5:40	8:25	
14	Thu	5:14	3.3	5:55	4.5	11:06	-0.2			5:40	8:25	
15	Fri	6:12	3.2	6:50	4.7	12:10	0.2	12:01	-0.2	5:40	8:25	
16	Sat	7:07	3.2	7:42	4.8	1:10	0.0	12:55	-0.3	5:40	8:26	
17	Sun	7:59	3.2	8:33	4.8	2:04	-0.1	1:46	-0.4	5:40	8:26	
18	Mon	8:49	3.2	9:21	4.7	2:54	-0.1	2:36	-0.4	5:40	8:26	
19	Tue	9:38	3.2	10:08	4.6	3:40	-0.1	3:23	-0.3	5:40	8:27	
20	Wed	10:25	3.2	10:53	4.5	4:24	0.0	4:09	-0.2	5:40	8:27	
21	Thu	11:11	3.2	11:37	4.3	5:07	0.1	4:55	0.0	5:41	8:27	
22	Fri	11:56	3.2			5:49	0.3	5:42	0.3	5:41	8:27	
23	Sat	12:19	4.0	12:41	3.2	6:31	0.4	6:31	0.5	5:41	8:27	
24	Sun	1:02	3.8	1:28	3.2	7:12	0.6	7:21	0.8	5:41	8:27	
25	Mon	1:45	3.5	2:17	3.3	7:53	0.7	8:14	1.0	5:42	8:28	
26	Tue	2:32	3.3	3:09	3.4	8:35	0.7	9:08	1.1	5:42	8:28	
27	Wed	3:22	3.1	4:03	3.5	9:18	0.8	10:04	1.1	5:43	8:28	
28	Thu	4:15	3.0	4:56	3.7	10:04	0.8	11:00	1.1	5:43	8:28	
29	Fri	5:09	2.9	5:47	4.0	10:52	0.7	11:56	0.9	5:43	8:28	
30	Sat	6:01	3.0	6:36	4.2	11:43	0.5			5:44	8:28	