




















## Metompkin Inlet, VA - Dec 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:44	4.6	11:01	3.1	3:58	-0.4	5:00	0.1	6:58	4:44	
2	Sun	11:32	4.2	11:52	3.0	4:50	-0.1	5:51	0.3	6:59	4:43	
3	Mon			12:21	3.9	5:43	0.3	6:41	0.5	7:00	4:43	
4	Tue	12:45	3.0	1:11	3.6	6:39	0.5	7:29	0.6	7:01	4:43	
5	Wed	1:41	3.0	2:03	3.3	7:37	0.8	8:15	0.6	7:02	4:43	
6	Thu	2:39	3.1	2:56	3.1	8:35	0.9	8:59	0.7	7:03	4:43	
7	Fri	3:35	3.2	3:49	3.0	9:33	0.9	9:43	0.6	7:04	4:43	
8	Sat	4:27	3.5	4:39	3.0	10:29	0.9	10:27	0.5	7:05	4:43	
9	Sun	5:13	3.7	5:25	3.0	11:21	0.8	11:11	0.4	7:05	4:43	
10	Mon	5:57	4.0	6:10	3.0			12:08	0.6	7:06	4:43	
11	Tue	6:41	4.2	6:54	3.1			12:52	0.5	7:07	4:43	
12	Wed	7:24	4.3	7:37	3.1	12:38	0.1	1:34	0.3	7:08	4:44	
13	Thu	8:07	4.5	8:20	3.2	1:20	0.0	2:16	0.2	7:08	4:44	
14	Fri	8:50	4.6	9:05	3.2	2:03	-0.1	2:58	0.1	7:09	4:44	
15	Sat	9:34	4.6	9:50	3.2	2:46	-0.2	3:42	0.1	7:10	4:44	
16	Sun	10:18	4.6	10:37	3.3	3:32	-0.2	4:28	0.1	7:10	4:45	
17	Mon	11:04	4.4	11:26	3.3	4:21	-0.1	5:15	0.1	7:11	4:45	
18	Tue	11:51	4.2			5:15	0.0	6:04	0.0	7:12	4:45	
19	Wed	12:19	3.4	12:42	3.9	6:14	0.1	6:54	0.0	7:12	4:46	
20	Thu	1:16	3.6	1:37	3.7	7:16	0.2	7:46	-0.1	7:13	4:46	
21	Fri	2:18	3.7	2:37	3.4	8:22	0.2	8:40	-0.2	7:13	4:47	
22	Sat	3:22	4.0	3:39	3.2	9:28	0.2	9:35	-0.3	7:14	4:47	
23	Sun	4:24	4.2	4:40	3.1	10:35	0.1	10:32	-0.5	7:14	4:48	
24	Mon	5:22	4.4	5:37	3.0	11:39	-0.1	11:28	-0.6	7:15	4:48	
25	Tue	6:18	4.6	6:32	3.1			12:37	-0.3	7:15	4:49	
26	Wed	7:11	4.7	7:24	3.1	12:22	-0.8	1:29	-0.4	7:15	4:50	
27	Thu	8:01	4.7	8:15	3.1	1:14	-0.9	2:18	-0.4	7:16	4:50	
28	Fri	8:50	4.6	9:03	3.1	2:03	-0.9	3:03	-0.4	7:16	4:51	
29	Sat	9:36	4.5	9:50	3.1	2:51	-0.8	3:47	-0.3	7:16	4:52	
30	Sun	10:20	4.2	10:36	3.1	3:37	-0.6	4:30	-0.2	7:17	4:52	
31	Mon	11:02	4.0	11:22	3.1	4:24	-0.3	5:12	0.0	7:17	4:53	