

































## Metompkin Inlet, VA - Jun 2017

| Date |     | High  |     |       |     | Low   |      |          |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM       | ft   | Rise  | Set  | Moon  |
| 1    | Sat | 2:28  | 3.9 | 3:05  | 3.7 | 8:40  | 0.3  | 9:03     | 0.5  | 5:42  | 8:18 |    |
| 2    | Sun | 3:25  | 3.8 | 4:06  | 4.0 | 9:31  | 0.2  | 10:07    | 0.4  | 5:41  | 8:18 |    |
| 3    | Mon | 4:25  | 3.6 | 5:06  | 4.3 | 10:24 | 0.0  | 11:12    | 0.2  | 5:41  | 8:19 |    |
| 4    | Tue | 5:25  | 3.6 | 6:03  | 4.7 | 11:19 | -0.2 |          |      | 5:41  | 8:20 |    |
| 5    | Wed | 6:23  | 3.5 | 6:59  | 5.0 | 12:15 | 0.0  | 12:14    | -0.4 | 5:41  | 8:20 |    |
| 6    | Thu | 7:19  | 3.5 | 7:53  | 5.2 | 1:16  | -0.2 | 1:09     | -0.6 | 5:40  | 8:21 |    |
| 7    | Fri | 8:14  | 3.5 | 8:47  | 5.2 | 2:12  | -0.4 | 2:03     | -0.7 | 5:40  | 8:21 |    |
| 8    | Sat | 9:08  | 3.5 | 9:41  | 5.2 | 3:05  | -0.5 | 2:55     | -0.8 | 5:40  | 8:22 |    |
| 9    | Sun | 10:01 | 3.5 | 10:33 | 5.0 | 3:57  | -0.5 | 3:47     | -0.7 | 5:40  | 8:23 |    |
| 10   | Mon | 10:54 | 3.5 | 11:23 | 4.8 | 4:47  | -0.4 | 4:40     | -0.5 | 5:40  | 8:23 |    |
| 11   | Tue | 11:45 | 3.4 |       |     | 5:38  | -0.2 | 5:33     | -0.2 | 5:40  | 8:24 |    |
| 12   | Wed | 12:12 | 4.5 | 12:37 | 3.4 | 6:28  | 0.0  | 6:28     | 0.1  | 5:40  | 8:24 |   |
| 13   | Thu | 1:00  | 4.1 | 1:29  | 3.3 | 7:17  | 0.2  | 7:24     | 0.4  | 5:40  | 8:24 |  |
| 14   | Fri | 1:49  | 3.7 | 2:23  | 3.3 | 8:04  | 0.3  | 8:22     | 0.7  | 5:40  | 8:25 |  |
| 15   | Sat | 2:39  | 3.4 | 3:18  | 3.4 | 8:50  | 0.5  | 9:20     | 0.8  | 5:40  | 8:25 |  |
| 16   | Sun | 3:32  | 3.1 | 4:14  | 3.5 | 9:34  | 0.6  | 10:18    | 0.9  | 5:40  | 8:26 |  |
| 17   | Mon | 4:26  | 3.0 | 5:06  | 3.6 | 10:19 | 0.6  | 11:15    | 1.0  | 5:40  | 8:26 |  |
| 18   | Tue | 5:18  | 2.9 | 5:55  | 3.8 | 11:04 | 0.6  |          |      | 5:40  | 8:26 |  |
| 19   | Wed | 6:07  | 2.9 | 6:41  | 4.0 | 12:08 | 0.9  | 11:51 AM | 0.6  | 5:40  | 8:26 |  |
| 20   | Thu | 6:54  | 3.0 | 7:25  | 4.2 | 12:57 | 0.8  | 12:36    | 0.5  | 5:40  | 8:27 |  |
| 21   | Fri | 7:39  | 3.0 | 8:08  | 4.4 | 1:41  | 0.7  | 1:21     | 0.4  | 5:41  | 8:27 |  |
| 22   | Sat | 8:23  | 3.1 | 8:51  | 4.5 | 2:22  | 0.5  | 2:05     | 0.2  | 5:41  | 8:27 |  |
| 23   | Sun | 9:07  | 3.2 | 9:34  | 4.6 | 3:02  | 0.4  | 2:48     | 0.2  | 5:41  | 8:27 |  |
| 24   | Mon | 9:50  | 3.3 | 10:16 | 4.6 | 3:43  | 0.3  | 3:30     | 0.1  | 5:41  | 8:27 |  |
| 25   | Tue | 10:34 | 3.4 | 10:58 | 4.6 | 4:23  | 0.3  | 4:14     | 0.1  | 5:42  | 8:28 |  |
| 26   | Wed | 11:18 | 3.5 | 11:41 | 4.5 | 5:05  | 0.2  | 5:00     | 0.2  | 5:42  | 8:28 |  |
| 27   | Thu |       |     | 12:04 | 3.6 | 5:48  | 0.2  | 5:50     | 0.3  | 5:42  | 8:28 |  |
| 28   | Fri | 12:24 | 4.4 | 12:53 | 3.7 | 6:33  | 0.2  | 6:45     | 0.4  | 5:43  | 8:28 |  |
| 29   | Sat | 1:11  | 4.1 | 1:45  | 3.9 | 7:20  | 0.1  | 7:44     | 0.4  | 5:43  | 8:28 |  |
| 30   | Sun | 2:01  | 3.9 | 2:41  | 4.0 | 8:10  | 0.1  | 8:46     | 0.5  | 5:44  | 8:28 |  |