































Metompkin Inlet, VA - Jul 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:58	3.6	3:42	4.2	9:02	0.0	9:50	0.5	5:44	8:28	
2	Tue	3:59	3.4	4:45	4.4	9:56	-0.1	10:56	0.4	5:45	8:27	
3	Wed	5:01	3.3	5:46	4.6	10:54	-0.2			5:45	8:27	
4	Thu	6:03	3.2	6:44	4.8	12:02	0.2	11:53 AM	-0.3	5:46	8:27	
5	Fri	7:01	3.3	7:40	4.9	1:04	0.1	12:52	-0.5	5:46	8:27	
6	Sat	7:57	3.4	8:34	5.0	2:00	-0.1	1:47	-0.6	5:47	8:27	
7	Sun	8:51	3.4	9:25	4.9	2:52	-0.2	2:41	-0.6	5:47	8:27	
8	Mon	9:43	3.5	10:14	4.8	3:40	-0.3	3:31	-0.6	5:48	8:26	
9	Tue	10:33	3.6	11:00	4.6	4:25	-0.3	4:21	-0.4	5:49	8:26	
10	Wed	11:21	3.6	11:44	4.3	5:09	-0.2	5:10	-0.2	5:49	8:26	
11	Thu			12:07	3.6	5:52	0.0	6:00	0.1	5:50	8:25	
12	Fri	12:27	4.0	12:54	3.6	6:35	0.2	6:51	0.5	5:50	8:25	
13	Sat	1:10	3.6	1:41	3.6	7:17	0.4	7:43	0.7	5:51	8:24	
14	Sun	1:55	3.3	2:32	3.5	8:00	0.5	8:38	1.0	5:52	8:24	
15	Mon	2:44	3.1	3:25	3.6	8:44	0.7	9:33	1.1	5:53	8:23	
16	Tue	3:37	2.9	4:21	3.6	9:30	0.8	10:30	1.2	5:53	8:23	
17	Wed	4:33	2.8	5:16	3.8	10:19	0.8	11:27	1.2	5:54	8:22	
18	Thu	5:27	2.8	6:08	4.0	11:11	0.7			5:55	8:22	
19	Fri	6:19	2.9	6:56	4.2	12:21	1.1	12:02	0.6	5:55	8:21	
20	Sat	7:08	3.1	7:42	4.4	1:09	0.9	12:52	0.4	5:56	8:20	
21	Sun	7:54	3.3	8:26	4.6	1:53	0.7	1:39	0.2	5:57	8:20	
22	Mon	8:40	3.4	9:09	4.7	2:35	0.4	2:25	0.0	5:58	8:19	
23	Tue	9:25	3.6	9:52	4.8	3:15	0.2	3:10	-0.1	5:59	8:18	
24	Wed	10:10	3.8	10:34	4.8	3:56	0.1	3:56	-0.1	5:59	8:18	
25	Thu	10:56	4.0	11:18	4.6	4:37	0.0	4:44	-0.1	6:00	8:17	
26	Fri	11:42	4.2			5:19	-0.1	5:35	0.0	6:01	8:16	
27	Sat	12:02	4.4	12:31	4.3	6:04	-0.1	6:30	0.2	6:02	8:15	
28	Sun	12:48	4.1	1:23	4.3	6:51	-0.1	7:29	0.4	6:03	8:14	
29	Mon	1:39	3.7	2:20	4.3	7:42	0.0	8:31	0.5	6:03	8:13	
30	Tue	2:36	3.4	3:22	4.4	8:37	0.1	9:37	0.6	6:04	8:13	
31	Wed	3:38	3.2	4:28	4.4	9:36	0.1	10:45	0.6	6:05	8:12	