

































## Metompkin Inlet, VA - Jan 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:21	4.2	8:32	3.1	1:35	-0.2	2:26	0.1	7:17	4:54	
2	Thu	9:01	4.3	9:14	3.2	2:16	-0.3	3:04	0.1	7:17	4:55	
3	Fri	9:41	4.3	9:56	3.3	2:57	-0.3	3:43	0.0	7:17	4:55	
4	Sat	10:20	4.2	10:39	3.4	3:40	-0.2	4:23	0.0	7:17	4:56	
5	Sun	11:01	4.1	11:23	3.4	4:25	-0.1	5:05	0.0	7:17	4:57	
6	Mon	11:44	3.9			5:15	0.0	5:50	-0.1	7:17	4:58	
7	Tue	12:12	3.5	12:31	3.6	6:10	0.1	6:38	-0.1	7:17	4:59	
8	Wed	1:05	3.6	1:23	3.4	7:10	0.2	7:30	-0.1	7:17	5:00	
9	Thu	2:05	3.8	2:23	3.1	8:13	0.3	8:25	-0.2	7:17	5:01	
10	Fri	3:09	3.9	3:27	3.0	9:19	0.2	9:24	-0.4	7:17	5:02	
11	Sat	4:14	4.1	4:31	3.0	10:26	0.1	10:25	-0.6	7:17	5:03	
12	Sun	5:16	4.4	5:32	3.1	11:31	-0.2	11:25	-0.8	7:16	5:04	
13	Mon	6:14	4.6	6:30	3.2			12:30	-0.4	7:16	5:05	
14	Tue	7:10	4.7	7:25	3.3	12:23	-1.0	1:24	-0.6	7:16	5:06	
15	Wed	8:02	4.7	8:18	3.4	1:18	-1.2	2:13	-0.8	7:16	5:07	
16	Thu	8:52	4.6	9:09	3.5	2:10	-1.2	3:00	-0.8	7:15	5:08	
17	Fri	9:39	4.5	9:58	3.6	3:00	-1.2	3:45	-0.8	7:15	5:09	
18	Sat	10:24	4.2	10:45	3.5	3:50	-0.9	4:29	-0.6	7:15	5:10	
19	Sun	11:08	3.8	11:32	3.5	4:40	-0.6	5:12	-0.4	7:14	5:11	
20	Mon	11:51	3.5			5:30	-0.3	5:56	-0.2	7:14	5:12	
21	Tue	12:19	3.4	12:36	3.1	6:22	0.1	6:41	0.0	7:13	5:13	
22	Wed	1:09	3.3	1:23	2.8	7:16	0.4	7:27	0.2	7:13	5:14	
23	Thu	2:03	3.2	2:16	2.6	8:12	0.7	8:15	0.3	7:12	5:15	
24	Fri	3:02	3.2	3:13	2.5	9:11	0.8	9:06	0.4	7:11	5:16	
25	Sat	4:01	3.3	4:10	2.5	10:10	0.8	9:59	0.3	7:11	5:17	
26	Sun	4:56	3.4	5:04	2.6	11:07	0.8	10:52	0.2	7:10	5:19	
27	Mon	5:46	3.6	5:53	2.7	11:56	0.6	11:42	0.0	7:09	5:20	
28	Tue	6:31	3.8	6:39	2.9			12:40	0.4	7:09	5:21	
29	Wed	7:14	4.0	7:23	3.1	12:28	-0.2	1:19	0.2	7:08	5:22	
30	Thu	7:56	4.2	8:07	3.3	1:12	-0.4	1:58	0.0	7:07	5:23	
31	Fri	8:36	4.3	8:49	3.5	1:55	-0.5	2:36	-0.2	7:06	5:24	