

































Metompkin Inlet, VA - Mar 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:49	4.3	9:08	4.3	2:19	-0.7	2:43	-0.5	6:32	5:56	
2	Mon	9:32	4.2	9:53	4.4	3:05	-0.8	3:24	-0.6	6:30	5:57	
3	Tue	10:16	4.0	10:40	4.5	3:54	-0.7	4:08	-0.6	6:29	5:58	
4	Wed	11:02	3.7	11:30	4.4	4:45	-0.5	4:55	-0.5	6:28	5:59	
5	Thu	11:51	3.4			5:40	-0.3	5:47	-0.3	6:26	6:00	
6	Fri	12:24	4.3	12:45	3.1	6:40	0.0	6:44	-0.2	6:25	6:01	
7	Sat	1:25	4.1	1:47	2.9	7:44	0.2	7:47	-0.1	6:23	6:02	
8	Sun	3:33	3.9	3:57	2.8	9:51	0.3	9:53	-0.1	7:22	7:03	
9	Mon	4:45	3.9	5:07	2.9	10:59	0.3	11:00	-0.2	7:20	7:04	
10	Tue	5:52	3.9	6:11	3.1			12:02	0.1	7:19	7:05	
11	Wed	6:50	4.0	7:07	3.4	12:05	-0.3	12:57	-0.1	7:17	7:06	
12	Thu	7:40	4.0	7:56	3.6	1:04	-0.5	1:44	-0.3	7:16	7:07	
13	Fri	8:26	4.0	8:41	3.8	1:56	-0.6	2:25	-0.4	7:14	7:08	
14	Sat	9:08	3.9	9:24	4.0	2:43	-0.7	3:03	-0.5	7:13	7:09	
15	Sun	9:48	3.8	10:05	4.1	3:26	-0.7	3:40	-0.4	7:11	7:10	
16	Mon	10:27	3.7	10:45	4.1	4:08	-0.5	4:17	-0.3	7:10	7:11	
17	Tue	11:06	3.5	11:25	4.0	4:49	-0.3	4:54	-0.1	7:08	7:12	
18	Wed	11:45	3.3			5:30	0.0	5:32	0.1	7:07	7:12	
19	Thu	12:07	3.9	12:26	3.1	6:14	0.3	6:13	0.3	7:05	7:13	
20	Fri	12:50	3.7	1:09	2.9	7:00	0.6	6:59	0.6	7:04	7:14	
21	Sat	1:38	3.5	1:56	2.7	7:50	0.9	7:49	0.7	7:02	7:15	
22	Sun	2:32	3.4	2:50	2.7	8:43	1.0	8:43	0.8	7:01	7:16	
23	Mon	3:31	3.4	3:51	2.7	9:39	1.1	9:41	0.8	6:59	7:17	
24	Tue	4:32	3.4	4:51	2.9	10:35	1.0	10:40	0.6	6:58	7:18	
25	Wed	5:28	3.6	5:46	3.2	11:27	0.8	11:37	0.4	6:56	7:19	
26	Thu	6:19	3.8	6:36	3.5			12:16	0.5	6:55	7:20	
27	Fri	7:06	4.0	7:24	3.9	12:31	0.1	1:02	0.2	6:53	7:21	
28	Sat	7:51	4.1	8:10	4.3	1:22	-0.2	1:46	-0.1	6:52	7:22	
29	Sun	8:36	4.2	8:56	4.6	2:12	-0.5	2:29	-0.4	6:50	7:23	
30	Mon	9:22	4.2	9:43	4.9	3:00	-0.7	3:12	-0.6	6:49	7:23	
31	Tue	10:09	4.1	10:32	5.0	3:49	-0.8	3:57	-0.7	6:47	7:24	