

































Metompkin Inlet, VA - Jul 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:04	4.1	1:37	3.7	7:14	-0.2	7:37	0.2	5:44	8:28	
2	Thu	1:54	3.7	2:32	3.7	8:04	0.1	8:38	0.5	5:45	8:27	
3	Fri	2:46	3.3	3:30	3.7	8:52	0.2	9:39	0.7	5:46	8:27	
4	Sat	3:41	3.0	4:28	3.7	9:40	0.4	10:40	0.9	5:46	8:27	
5	Sun	4:38	2.8	5:23	3.8	10:29	0.5	11:40	0.9	5:47	8:27	
6	Mon	5:32	2.8	6:13	3.9	11:19	0.5			5:47	8:27	
7	Tue	6:22	2.8	6:59	4.0	12:34	0.9	12:08	0.5	5:48	8:26	
8	Wed	7:09	2.9	7:42	4.2	1:20	0.8	12:54	0.4	5:48	8:26	
9	Thu	7:53	3.1	8:24	4.3	2:00	0.7	1:39	0.3	5:49	8:26	
10	Fri	8:36	3.2	9:05	4.4	2:37	0.6	2:21	0.2	5:50	8:25	
11	Sat	9:19	3.3	9:45	4.5	3:14	0.5	3:02	0.2	5:50	8:25	
12	Sun	10:01	3.4	10:25	4.4	3:50	0.4	3:43	0.2	5:51	8:24	
13	Mon	10:42	3.5	11:03	4.4	4:27	0.3	4:24	0.2	5:52	8:24	
14	Tue	11:24	3.7	11:42	4.3	5:05	0.3	5:08	0.3	5:52	8:24	
15	Wed			12:06	3.8	5:44	0.3	5:55	0.5	5:53	8:23	
16	Thu	12:22	4.1	12:51	3.9	6:25	0.3	6:46	0.6	5:54	8:22	
17	Fri	1:05	3.9	1:39	4.0	7:10	0.3	7:42	0.7	5:55	8:22	
18	Sat	1:54	3.6	2:34	4.1	7:58	0.3	8:42	0.7	5:55	8:21	
19	Sun	2:49	3.4	3:35	4.3	8:51	0.2	9:46	0.7	5:56	8:21	
20	Mon	3:51	3.3	4:39	4.5	9:48	0.1	10:51	0.6	5:57	8:20	
21	Tue	4:56	3.3	5:41	4.7	10:49	-0.1	11:56	0.4	5:58	8:19	
22	Wed	5:59	3.3	6:41	4.9	11:50	-0.3			5:58	8:19	
23	Thu	6:59	3.5	7:38	5.1	12:58	0.1	12:51	-0.5	5:59	8:18	
24	Fri	7:56	3.7	8:32	5.1	1:54	-0.2	1:49	-0.7	6:00	8:17	
25	Sat	8:51	3.9	9:24	5.1	2:45	-0.4	2:44	-0.8	6:01	8:16	
26	Sun	9:44	4.0	10:14	4.9	3:33	-0.5	3:36	-0.8	6:02	8:15	
27	Mon	10:36	4.1	11:01	4.7	4:20	-0.5	4:28	-0.6	6:02	8:15	
28	Tue	11:25	4.1	11:47	4.3	5:05	-0.4	5:20	-0.3	6:03	8:14	
29	Wed			12:14	4.1	5:50	-0.3	6:13	0.0	6:04	8:13	
30	Thu	12:32	3.9	1:02	4.0	6:35	0.0	7:07	0.4	6:05	8:12	
31	Fri	1:18	3.6	1:53	3.9	7:21	0.2	8:03	0.7	6:06	8:11	