


































Metompkin Inlet, VA - Aug 2048

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 2:06 | 3.2 | 2:46 | 3.8 | 8:08 | 0.5 | 9:01 | 1.0 | 6:07 | 8:10 |  |
| 2 | Sun | 2:59 | 2.9 | 3:44 | 3.7 | 8:57 | 0.7 | 10:00 | 1.1 | 6:07 | 8:09 |  |
| 3 | Mon | 3:56 | 2.8 | 4:44 | 3.7 | 9:49 | 0.8 | 11:00 | 1.2 | 6:08 | 8:08 |  |
| 4 | Tue | 4:54 | 2.8 | 5:40 | 3.8 | 10:42 | 0.8 | 11:57 | 1.2 | 6:09 | 8:07 |  |
| 5 | Wed | 5:49 | 2.9 | 6:30 | 4.0 | 11:35 | 0.7 | | | 6:10 | 8:06 |  |
| 6 | Thu | 6:39 | 3.0 | 7:15 | 4.2 | 12:46 | 1.1 | 12:25 | 0.6 | 6:11 | 8:05 |  |
| 7 | Fri | 7:25 | 3.2 | 7:57 | 4.3 | 1:27 | 0.9 | 1:12 | 0.4 | 6:12 | 8:04 |  |
| 8 | Sat | 8:09 | 3.5 | 8:38 | 4.5 | 2:05 | 0.7 | 1:56 | 0.3 | 6:12 | 8:02 |  |
| 9 | Sun | 8:51 | 3.7 | 9:17 | 4.5 | 2:42 | 0.5 | 2:39 | 0.2 | 6:13 | 8:01 |  |
| 10 | Mon | 9:33 | 3.9 | 9:56 | 4.5 | 3:18 | 0.3 | 3:21 | 0.1 | 6:14 | 8:00 |  |
| 11 | Tue | 10:15 | 4.1 | 10:35 | 4.5 | 3:54 | 0.2 | 4:03 | 0.1 | 6:15 | 7:59 |  |
| 12 | Wed | 10:56 | 4.2 | 11:15 | 4.3 | 4:32 | 0.2 | 4:48 | 0.2 | 6:16 | 7:58 |  |
| 13 | Thu | 11:39 | 4.3 | 11:57 | 4.1 | 5:11 | 0.2 | 5:35 | 0.3 | 6:17 | 7:57 |  |
| 14 | Fri | | | 12:25 | 4.4 | 5:53 | 0.2 | 6:27 | 0.5 | 6:18 | 7:55 |  |
| 15 | Sat | 12:41 | 3.9 | 1:15 | 4.4 | 6:40 | 0.3 | 7:24 | 0.6 | 6:18 | 7:54 |  |
| 16 | Sun | 1:31 | 3.6 | 2:11 | 4.4 | 7:31 | 0.3 | 8:26 | 0.8 | 6:19 | 7:53 |  |
| 17 | Mon | 2:28 | 3.4 | 3:14 | 4.4 | 8:28 | 0.3 | 9:30 | 0.8 | 6:20 | 7:51 |  |
| 18 | Tue | 3:32 | 3.2 | 4:22 | 4.5 | 9:30 | 0.3 | 10:37 | 0.7 | 6:21 | 7:50 |  |
| 19 | Wed | 4:41 | 3.3 | 5:28 | 4.6 | 10:34 | 0.2 | 11:43 | 0.5 | 6:22 | 7:49 |  |
| 20 | Thu | 5:47 | 3.4 | 6:29 | 4.8 | 11:39 | 0.0 | | | 6:23 | 7:47 |  |
| 21 | Fri | 6:47 | 3.6 | 7:25 | 4.9 | 12:43 | 0.3 | 12:41 | -0.3 | 6:24 | 7:46 |  |
| 22 | Sat | 7:43 | 3.9 | 8:16 | 4.9 | 1:36 | 0.0 | 1:38 | -0.5 | 6:24 | 7:45 |  |
| 23 | Sun | 8:35 | 4.1 | 9:04 | 4.8 | 2:24 | -0.2 | 2:31 | -0.6 | 6:25 | 7:43 |  |
| 24 | Mon | 9:24 | 4.3 | 9:50 | 4.6 | 3:08 | -0.3 | 3:21 | -0.5 | 6:26 | 7:42 |  |
| 25 | Tue | 10:11 | 4.4 | 10:34 | 4.4 | 3:50 | -0.3 | 4:09 | -0.4 | 6:27 | 7:41 |  |
| 26 | Wed | 10:57 | 4.4 | 11:17 | 4.1 | 4:31 | -0.2 | 4:57 | -0.1 | 6:28 | 7:39 |  |
| 27 | Thu | 11:41 | 4.4 | 11:59 | 3.8 | 5:12 | 0.0 | 5:45 | 0.2 | 6:29 | 7:38 |  |
| 28 | Fri | | | 12:26 | 4.2 | 5:54 | 0.2 | 6:34 | 0.6 | 6:30 | 7:36 |  |
| 29 | Sat | 12:42 | 3.5 | 1:13 | 4.1 | 6:38 | 0.5 | 7:26 | 0.9 | 6:30 | 7:35 |  |
| 30 | Sun | 1:28 | 3.2 | 2:04 | 3.9 | 7:25 | 0.8 | 8:20 | 1.2 | 6:31 | 7:33 |  |
| 31 | Mon | 2:19 | 3.0 | 3:00 | 3.8 | 8:15 | 1.0 | 9:17 | 1.4 | 6:32 | 7:32 |  |