
































## Metompkin Inlet, VA - Sep 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:15	2.9	4:02	3.7	9:09	1.1	10:16	1.5	6:33	7:30	
2	Wed	4:17	2.9	5:02	3.8	10:05	1.1	11:12	1.4	6:34	7:29	
3	Thu	5:16	3.0	5:55	4.0	11:01	1.0			6:35	7:27	
4	Fri	6:08	3.3	6:42	4.2	12:03	1.3	11:54 AM	0.8	6:35	7:26	
5	Sat	6:55	3.5	7:24	4.4	12:46	1.0	12:44	0.6	6:36	7:24	
6	Sun	7:39	3.8	8:05	4.5	1:26	0.8	1:30	0.4	6:37	7:23	
7	Mon	8:22	4.1	8:45	4.6	2:04	0.5	2:15	0.2	6:38	7:21	
8	Tue	9:04	4.4	9:26	4.6	2:42	0.3	2:59	0.1	6:39	7:20	
9	Wed	9:46	4.6	10:07	4.5	3:20	0.1	3:43	0.0	6:40	7:18	
10	Thu	10:30	4.8	10:50	4.3	3:59	0.0	4:29	0.1	6:40	7:17	
11	Fri	11:15	4.9	11:34	4.1	4:41	0.0	5:18	0.2	6:41	7:15	
12	Sat			12:03	4.9	5:26	0.1	6:12	0.4	6:42	7:14	
13	Sun	12:22	3.8	12:55	4.8	6:15	0.2	7:10	0.6	6:43	7:12	
14	Mon	1:14	3.6	1:53	4.6	7:11	0.3	8:13	0.8	6:44	7:11	
15	Tue	2:14	3.4	2:58	4.5	8:12	0.4	9:18	0.8	6:45	7:09	
16	Wed	3:21	3.3	4:08	4.5	9:18	0.4	10:24	0.8	6:45	7:07	
17	Thu	4:32	3.4	5:15	4.5	10:25	0.4	11:27	0.6	6:46	7:06	
18	Fri	5:39	3.6	6:15	4.5	11:31	0.2			6:47	7:04	
19	Sat	6:37	3.9	7:08	4.5	12:24	0.4	12:32	0.0	6:48	7:03	
20	Sun	7:29	4.2	7:56	4.5	1:13	0.1	1:28	-0.1	6:49	7:01	
21	Mon	8:17	4.4	8:41	4.4	1:58	0.0	2:18	-0.2	6:50	7:00	
22	Tue	9:02	4.6	9:23	4.3	2:39	-0.1	3:05	-0.2	6:50	6:58	
23	Wed	9:45	4.7	10:05	4.1	3:18	-0.1	3:49	-0.1	6:51	6:57	
24	Thu	10:27	4.6	10:46	3.9	3:56	0.0	4:32	0.1	6:52	6:55	
25	Fri	11:09	4.6	11:27	3.7	4:35	0.2	5:16	0.4	6:53	6:53	
26	Sat	11:52	4.4			5:15	0.4	6:02	0.7	6:54	6:52	
27	Sun	12:09	3.4	12:37	4.2	5:57	0.7	6:50	1.0	6:55	6:50	
28	Mon	12:54	3.2	1:26	4.0	6:44	0.9	7:41	1.3	6:56	6:49	
29	Tue	1:43	3.1	2:19	3.9	7:35	1.1	8:36	1.5	6:56	6:47	
30	Wed	2:38	3.0	3:18	3.8	8:30	1.2	9:31	1.5	6:57	6:46	