
































## Metompkin Inlet, VA - Nov 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:54	3.6	4:16	3.8	9:44	1.0	10:12	0.7	6:28	5:03	
2	Mon	4:46	4.0	5:05	3.9	10:40	0.7	10:59	0.4	6:29	5:02	
3	Tue	5:34	4.4	5:53	4.0	11:34	0.4	11:45	0.1	6:30	5:01	
4	Wed	6:21	4.8	6:40	4.1			12:26	0.1	6:31	5:00	
5	Thu	7:08	5.1	7:28	4.1	12:32	-0.2	1:17	-0.2	6:32	4:59	
6	Fri	7:57	5.3	8:17	4.1	1:18	-0.4	2:07	-0.3	6:33	4:58	
7	Sat	8:47	5.4	9:07	4.0	2:05	-0.5	2:58	-0.3	6:34	4:57	
8	Sun	9:38	5.4	9:59	3.8	2:54	-0.6	3:50	-0.3	6:35	4:56	
9	Mon	10:31	5.2	10:53	3.7	3:46	-0.5	4:45	-0.1	6:36	4:55	
10	Tue	11:26	5.0	11:49	3.6	4:42	-0.3	5:43	0.1	6:37	4:54	
11	Wed			12:23	4.6	5:42	0.0	6:42	0.2	6:38	4:53	
12	Thu	12:51	3.5	1:23	4.3	6:47	0.2	7:42	0.3	6:40	4:53	
13	Fri	1:58	3.4	2:27	4.0	7:54	0.4	8:40	0.3	6:41	4:52	
14	Sat	3:07	3.5	3:31	3.7	9:02	0.4	9:35	0.2	6:42	4:51	
15	Sun	4:12	3.7	4:30	3.6	10:08	0.4	10:27	0.2	6:43	4:50	
16	Mon	5:06	3.9	5:21	3.5	11:10	0.4	11:14	0.1	6:44	4:50	
17	Tue	5:53	4.1	6:07	3.4			12:04	0.3	6:45	4:49	
18	Wed	6:36	4.3	6:49	3.3			12:50	0.2	6:46	4:49	
19	Thu	7:16	4.4	7:30	3.3	12:39	0.0	1:32	0.2	6:47	4:48	
20	Fri	7:57	4.4	8:11	3.3	1:18	0.0	2:10	0.2	6:48	4:47	
21	Sat	8:37	4.4	8:51	3.3	1:56	0.0	2:48	0.3	6:49	4:47	
22	Sun	9:18	4.4	9:32	3.2	2:35	0.1	3:27	0.4	6:50	4:46	
23	Mon	9:59	4.3	10:14	3.2	3:14	0.2	4:07	0.5	6:51	4:46	
24	Tue	10:40	4.2	10:57	3.1	3:55	0.4	4:48	0.7	6:52	4:45	
25	Wed	11:22	4.0	11:41	3.1	4:38	0.6	5:32	0.8	6:53	4:45	
26	Thu			12:06	3.9	5:25	0.7	6:17	0.8	6:54	4:45	
27	Fri	12:29	3.1	12:51	3.7	6:16	0.9	7:03	0.8	6:55	4:44	
28	Sat	1:20	3.1	1:41	3.6	7:11	0.9	7:50	0.7	6:56	4:44	
29	Sun	2:16	3.3	2:35	3.5	8:09	0.9	8:38	0.6	6:57	4:44	
30	Mon	3:13	3.6	3:30	3.5	9:08	0.8	9:27	0.4	6:58	4:44	