



## Metompkin Inlet, VA - Jul 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:56	3.3	10:21	4.3	3:51	0.3	3:39	0.1	5:44	8:28	☀
2	Fri	10:38	3.3	11:00	4.2	4:27	0.3	4:20	0.2	5:45	8:27	☀
3	Sat	11:19	3.4	11:39	4.1	5:04	0.4	5:01	0.4	5:45	8:27	☀
4	Sun			12:01	3.4	5:42	0.5	5:44	0.6	5:46	8:27	☀
5	Mon	12:18	4.0	12:43	3.5	6:21	0.5	6:31	0.7	5:46	8:27	☀
6	Tue	12:58	3.8	1:27	3.6	7:01	0.6	7:21	0.9	5:47	8:27	☀
7	Wed	1:40	3.6	2:16	3.7	7:44	0.6	8:15	1.0	5:48	8:26	☀
8	Thu	2:28	3.4	3:09	3.8	8:31	0.6	9:12	1.0	5:48	8:26	☀
9	Fri	3:23	3.3	4:07	4.1	9:21	0.5	10:12	0.9	5:49	8:26	☀
10	Sat	4:22	3.3	5:05	4.3	10:15	0.3	11:14	0.7	5:49	8:25	☀
11	Sun	5:22	3.3	6:03	4.6	11:12	0.1			5:50	8:25	☀
12	Mon	6:20	3.4	6:59	4.9	12:15	0.4	12:11	-0.2	5:51	8:25	☀
13	Tue	7:17	3.6	7:54	5.2	1:13	0.1	1:08	-0.5	5:51	8:24	☀
14	Wed	8:13	3.8	8:47	5.3	2:07	-0.3	2:04	-0.8	5:52	8:24	☀
15	Thu	9:08	4.0	9:40	5.3	2:59	-0.5	2:59	-0.9	5:53	8:23	☀
16	Fri	10:02	4.1	10:31	5.2	3:49	-0.7	3:53	-0.9	5:54	8:23	☀
17	Sat	10:56	4.2	11:22	4.9	4:38	-0.7	4:48	-0.8	5:54	8:22	☀
18	Sun	11:49	4.3			5:27	-0.7	5:44	-0.5	5:55	8:21	☀
19	Mon	12:12	4.5	12:43	4.2	6:17	-0.5	6:43	-0.2	5:56	8:21	☀
20	Tue	1:02	4.1	1:38	4.1	7:08	-0.3	7:43	0.1	5:57	8:20	☀
21	Wed	1:54	3.7	2:36	4.0	8:00	-0.1	8:46	0.4	5:57	8:19	☀
22	Thu	2:50	3.3	3:37	3.9	8:53	0.1	9:50	0.7	5:58	8:19	☀
23	Fri	3:50	3.0	4:40	3.9	9:47	0.3	10:56	0.8	5:59	8:18	☀
24	Sat	4:51	2.9	5:39	3.9	10:41	0.4	11:59	0.8	6:00	8:17	☀
25	Sun	5:48	2.9	6:30	4.0	11:35	0.4			6:01	8:16	☀
26	Mon	6:38	2.9	7:16	4.1	12:52	0.8	12:27	0.4	6:01	8:16	☀
27	Tue	7:24	3.1	7:57	4.2	1:36	0.7	1:13	0.3	6:02	8:15	☀
28	Wed	8:07	3.2	8:37	4.3	2:13	0.6	1:56	0.2	6:03	8:14	☀
29	Thu	8:49	3.4	9:16	4.3	2:47	0.5	2:37	0.2	6:04	8:13	☀
30	Fri	9:30	3.5	9:54	4.3	3:21	0.4	3:16	0.2	6:05	8:12	☀
31	Sat	10:10	3.7	10:32	4.3	3:55	0.4	3:56	0.2	6:05	8:11	☀