

































Metompkin Inlet, VA - Aug 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:50	3.8	11:09	4.2	4:30	0.4	4:36	0.4	6:06	8:10	
2	Mon	11:30	3.8	11:47	4.0	5:06	0.4	5:18	0.5	6:07	8:09	
3	Tue			12:10	3.9	5:43	0.5	6:03	0.7	6:08	8:08	
4	Wed	12:25	3.8	12:53	4.0	6:23	0.5	6:52	0.8	6:09	8:07	
5	Thu	1:07	3.6	1:41	4.0	7:06	0.6	7:46	0.9	6:10	8:06	
6	Fri	1:54	3.5	2:35	4.1	7:55	0.6	8:45	1.0	6:11	8:05	
7	Sat	2:49	3.3	3:36	4.2	8:49	0.5	9:47	0.9	6:11	8:04	
8	Sun	3:52	3.3	4:39	4.4	9:48	0.4	10:50	0.8	6:12	8:03	
9	Mon	4:57	3.3	5:41	4.7	10:50	0.2	11:53	0.5	6:13	8:02	
10	Tue	6:00	3.5	6:40	4.9	11:52	-0.1			6:14	8:00	
11	Wed	6:59	3.8	7:36	5.1	12:52	0.2	12:53	-0.4	6:15	7:59	
12	Thu	7:55	4.1	8:29	5.2	1:46	-0.2	1:50	-0.7	6:16	7:58	
13	Fri	8:49	4.3	9:20	5.2	2:36	-0.5	2:45	-0.9	6:17	7:57	
14	Sat	9:42	4.5	10:10	5.0	3:24	-0.7	3:38	-0.9	6:17	7:56	
15	Sun	10:34	4.7	10:59	4.7	4:11	-0.7	4:31	-0.7	6:18	7:54	
16	Mon	11:25	4.7	11:47	4.4	4:58	-0.6	5:25	-0.4	6:19	7:53	
17	Tue			12:16	4.6	5:45	-0.4	6:20	-0.1	6:20	7:52	
18	Wed	12:35	3.9	1:07	4.4	6:34	-0.1	7:18	0.3	6:21	7:50	
19	Thu	1:24	3.5	2:02	4.2	7:25	0.2	8:18	0.7	6:22	7:49	
20	Fri	2:17	3.2	3:01	4.0	8:18	0.4	9:20	0.9	6:23	7:48	
21	Sat	3:16	3.0	4:05	3.8	9:14	0.6	10:24	1.1	6:23	7:46	
22	Sun	4:18	2.9	5:07	3.8	10:11	0.7	11:27	1.1	6:24	7:45	
23	Mon	5:19	2.9	6:02	3.9	11:07	0.7			6:25	7:44	
24	Tue	6:12	3.1	6:48	4.0	12:20	1.1	12:00	0.7	6:26	7:42	
25	Wed	6:58	3.3	7:30	4.2	1:02	0.9	12:49	0.6	6:27	7:41	
26	Thu	7:41	3.5	8:09	4.3	1:39	0.8	1:32	0.4	6:28	7:39	
27	Fri	8:22	3.7	8:47	4.3	2:12	0.6	2:13	0.3	6:28	7:38	
28	Sat	9:02	3.9	9:24	4.4	2:46	0.5	2:53	0.3	6:29	7:37	
29	Sun	9:41	4.1	10:02	4.3	3:20	0.4	3:33	0.3	6:30	7:35	
30	Mon	10:21	4.2	10:39	4.2	3:54	0.4	4:13	0.4	6:31	7:34	
31	Tue	11:00	4.3	11:18	4.1	4:30	0.4	4:55	0.5	6:32	7:32	