

































## Metompkin Inlet, VA - Oct 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:02	4.8	5:22	0.4	6:12	0.7	6:58	6:45	
2	Sat	12:21	3.7	12:53	4.7	6:11	0.5	7:08	0.8	6:59	6:43	
3	Sun	1:12	3.5	1:49	4.6	7:08	0.6	8:08	0.9	7:00	6:42	
4	Mon	2:12	3.4	2:52	4.5	8:10	0.6	9:10	0.8	7:01	6:40	
5	Tue	3:19	3.5	3:59	4.4	9:15	0.6	10:12	0.7	7:02	6:39	
6	Wed	4:28	3.6	5:03	4.5	10:22	0.4	11:11	0.4	7:02	6:37	
7	Thu	5:32	3.9	6:03	4.5	11:27	0.2			7:03	6:36	
8	Fri	6:30	4.3	6:57	4.5	12:07	0.2	12:29	0.0	7:04	6:34	
9	Sat	7:23	4.6	7:47	4.5	12:58	-0.1	1:26	-0.3	7:05	6:33	
10	Sun	8:13	4.9	8:35	4.4	1:45	-0.3	2:19	-0.4	7:06	6:31	
11	Mon	9:00	5.0	9:22	4.2	2:30	-0.4	3:08	-0.4	7:07	6:30	
12	Tue	9:47	5.0	10:07	4.0	3:14	-0.4	3:56	-0.3	7:08	6:28	
13	Wed	10:33	5.0	10:52	3.8	3:57	-0.3	4:43	0.0	7:09	6:27	
14	Thu	11:19	4.8	11:37	3.6	4:41	0.0	5:31	0.3	7:10	6:26	
15	Fri			12:05	4.5	5:26	0.2	6:20	0.6	7:11	6:24	
16	Sat	12:24	3.4	12:53	4.2	6:13	0.6	7:12	0.9	7:12	6:23	
17	Sun	1:12	3.2	1:44	4.0	7:05	0.8	8:05	1.1	7:13	6:22	
18	Mon	2:05	3.1	2:40	3.8	8:00	1.0	8:59	1.2	7:14	6:20	
19	Tue	3:04	3.0	3:38	3.7	8:57	1.2	9:51	1.3	7:15	6:19	
20	Wed	4:05	3.1	4:35	3.7	9:54	1.2	10:40	1.2	7:16	6:18	
21	Thu	5:02	3.4	5:26	3.7	10:50	1.1	11:25	1.0	7:17	6:16	
22	Fri	5:52	3.7	6:13	3.8	11:43	1.0			7:18	6:15	
23	Sat	6:37	4.0	6:56	3.9	12:07	0.8	12:33	0.8	7:19	6:14	
24	Sun	7:19	4.3	7:37	4.0	12:48	0.6	1:19	0.6	7:20	6:12	
25	Mon	8:00	4.6	8:19	4.0	1:28	0.4	2:03	0.4	7:21	6:11	
26	Tue	8:42	4.8	9:01	4.0	2:08	0.2	2:47	0.2	7:22	6:10	
27	Wed	9:25	5.0	9:44	4.0	2:48	0.1	3:31	0.1	7:23	6:09	
28	Thu	10:10	5.1	10:29	3.9	3:30	0.0	4:17	0.1	7:24	6:08	
29	Fri	10:56	5.1	11:16	3.8	4:14	0.0	5:05	0.2	7:25	6:06	
30	Sat	11:45	5.0			5:02	0.1	5:57	0.3	7:26	6:05	
31	Sun	12:06	3.7	12:37	4.8	5:55	0.2	6:53	0.4	7:27	6:04	