
































Metompkin Inlet, VA - Nov 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:00	3.5	1:33	4.6	6:53	0.3	7:52	0.5	7:28	6:03	
2	Tue	2:01	3.5	2:34	4.4	7:57	0.4	8:51	0.5	7:29	6:02	
3	Wed	3:07	3.6	3:38	4.2	9:03	0.4	9:50	0.3	7:30	6:01	
4	Thu	4:15	3.7	4:42	4.1	10:10	0.4	10:47	0.2	7:31	6:00	
5	Fri	5:18	4.0	5:41	4.0	11:16	0.3	11:41	0.0	7:32	5:59	
6	Sat	6:15	4.3	6:35	3.9			12:19	0.1	7:33	5:58	
7	Sun	6:07	4.6	6:25	3.9	12:31	-0.2	12:15	-0.1	6:34	4:57	
8	Mon	6:55	4.8	7:12	3.8	12:19	-0.3	1:07	-0.2	6:35	4:56	
9	Tue	7:41	4.8	7:58	3.7	1:04	-0.4	1:54	-0.2	6:36	4:55	
10	Wed	8:26	4.8	8:43	3.6	1:48	-0.4	2:38	-0.1	6:37	4:54	
11	Thu	9:10	4.7	9:27	3.5	2:30	-0.3	3:22	0.0	6:38	4:54	
12	Fri	9:54	4.6	10:11	3.3	3:13	-0.1	4:06	0.2	6:39	4:53	
13	Sat	10:38	4.4	10:55	3.2	3:56	0.1	4:50	0.5	6:40	4:52	
14	Sun	11:22	4.2	11:41	3.1	4:41	0.4	5:37	0.7	6:41	4:51	
15	Mon			12:08	3.9	5:29	0.7	6:24	0.9	6:42	4:51	
16	Tue	12:30	3.0	12:57	3.7	6:21	0.9	7:12	1.0	6:44	4:50	
17	Wed	1:24	3.0	1:49	3.6	7:15	1.0	7:59	1.0	6:45	4:49	
18	Thu	2:21	3.1	2:42	3.5	8:11	1.1	8:46	0.9	6:46	4:49	
19	Fri	3:17	3.3	3:36	3.4	9:08	1.1	9:32	0.8	6:47	4:48	
20	Sat	4:10	3.6	4:26	3.5	10:03	0.9	10:18	0.6	6:48	4:47	
21	Sun	4:59	3.9	5:14	3.5	10:57	0.7	11:04	0.4	6:49	4:47	
22	Mon	5:45	4.3	6:01	3.6	11:48	0.5	11:50	0.1	6:50	4:46	
23	Tue	6:30	4.6	6:47	3.7			12:37	0.2	6:51	4:46	
24	Wed	7:16	4.8	7:33	3.7	12:35	-0.1	1:25	0.0	6:52	4:46	
25	Thu	8:03	5.0	8:21	3.7	1:21	-0.3	2:12	-0.2	6:53	4:45	
26	Fri	8:51	5.1	9:09	3.7	2:08	-0.5	3:00	-0.2	6:54	4:45	
27	Sat	9:40	5.1	10:00	3.7	2:56	-0.5	3:50	-0.2	6:55	4:44	
28	Sun	10:30	5.0	10:52	3.7	3:47	-0.5	4:42	-0.2	6:56	4:44	
29	Mon	11:22	4.8	11:48	3.6	4:42	-0.3	5:36	-0.1	6:57	4:44	
30	Tue			12:16	4.5	5:41	-0.1	6:32	-0.1	6:58	4:44	