

































## Metompkin Inlet, VA - Mar 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:35	3.4	2:54	2.6	8:53	0.5	8:52	0.2	6:32	5:56	
2	Wed	3:43	3.4	3:58	2.6	9:58	0.6	9:52	0.3	6:31	5:57	
3	Thu	4:46	3.4	4:56	2.7	10:58	0.6	10:50	0.2	6:30	5:58	
4	Fri	5:37	3.5	5:45	2.9	11:47	0.5	11:41	0.1	6:28	5:59	
5	Sat	6:20	3.6	6:28	3.1			12:26	0.4	6:27	6:00	
6	Sun	6:59	3.7	7:09	3.4	12:25	-0.1	1:00	0.2	6:25	6:01	
7	Mon	7:37	3.8	7:48	3.6	1:06	-0.2	1:34	0.1	6:24	6:02	
8	Tue	8:14	3.8	8:27	3.8	1:45	-0.2	2:07	0.0	6:22	6:03	
9	Wed	8:52	3.8	9:06	3.9	2:23	-0.3	2:41	0.0	6:21	6:03	
10	Thu	9:29	3.8	9:45	4.0	3:01	-0.2	3:16	0.0	6:20	6:04	
11	Fri	10:06	3.7	10:24	4.0	3:41	-0.1	3:52	0.1	6:18	6:05	
12	Sat	10:44	3.5	11:04	4.0	4:22	0.1	4:31	0.2	6:17	6:06	
13	Sun			12:24	3.4	6:07	0.2	6:14	0.2	7:15	7:07	
14	Mon	12:49	4.0	1:08	3.2	6:57	0.4	7:02	0.3	7:14	7:08	
15	Tue	1:39	3.9	1:59	3.1	7:52	0.5	7:57	0.3	7:12	7:09	
16	Wed	2:37	3.9	3:00	3.0	8:52	0.5	8:58	0.2	7:11	7:10	
17	Thu	3:42	3.9	4:06	3.1	9:54	0.5	10:02	0.1	7:09	7:11	
18	Fri	4:48	4.0	5:12	3.3	10:56	0.3	11:08	-0.2	7:08	7:12	
19	Sat	5:50	4.2	6:13	3.7	11:56	0.0			7:06	7:13	
20	Sun	6:48	4.4	7:10	4.1	12:11	-0.5	12:51	-0.4	7:05	7:14	
21	Mon	7:42	4.5	8:04	4.4	1:11	-0.9	1:43	-0.7	7:03	7:15	
22	Tue	8:33	4.5	8:55	4.7	2:07	-1.1	2:31	-1.0	7:02	7:16	
23	Wed	9:23	4.4	9:46	4.8	3:00	-1.2	3:18	-1.1	7:00	7:17	
24	Thu	10:12	4.2	10:35	4.8	3:51	-1.2	4:04	-1.0	6:58	7:18	
25	Fri	11:00	4.0	11:24	4.6	4:42	-1.0	4:51	-0.8	6:57	7:18	
26	Sat	11:48	3.7			5:33	-0.7	5:39	-0.6	6:55	7:19	
27	Sun	12:14	4.4	12:36	3.4	6:26	-0.3	6:30	-0.2	6:54	7:20	
28	Mon	1:04	4.1	1:26	3.1	7:21	0.1	7:23	0.1	6:52	7:21	
29	Tue	1:58	3.8	2:20	2.9	8:18	0.4	8:20	0.4	6:51	7:22	
30	Wed	2:57	3.5	3:21	2.8	9:17	0.7	9:18	0.5	6:49	7:23	
31	Thu	4:00	3.4	4:24	2.8	10:15	0.8	10:18	0.6	6:48	7:24	