

































Metompkin Inlet, VA - Jul 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:06	3.3	6:42	4.5	11:53	0.3			5:44	8:28	
2	Sat	6:58	3.4	7:31	4.7	12:51	0.5	12:45	0.0	5:45	8:27	
3	Sun	7:48	3.6	8:20	5.0	1:42	0.2	1:37	-0.2	5:45	8:27	
4	Mon	8:39	3.7	9:09	5.1	2:31	-0.1	2:27	-0.5	5:46	8:27	
5	Tue	9:30	3.9	9:59	5.2	3:19	-0.3	3:18	-0.6	5:46	8:27	
6	Wed	10:21	4.0	10:48	5.1	4:07	-0.4	4:09	-0.6	5:47	8:27	
7	Thu	11:13	4.1	11:38	4.9	4:55	-0.5	5:03	-0.5	5:47	8:26	
8	Fri			12:05	4.2	5:45	-0.5	5:59	-0.4	5:48	8:26	
9	Sat	12:28	4.6	1:00	4.2	6:36	-0.5	6:59	-0.1	5:49	8:26	
10	Sun	1:20	4.2	1:57	4.2	7:28	-0.4	8:01	0.1	5:49	8:26	
11	Mon	2:15	3.8	2:58	4.1	8:22	-0.2	9:05	0.3	5:50	8:25	
12	Tue	3:14	3.5	4:02	4.1	9:17	-0.1	10:11	0.4	5:51	8:25	
13	Wed	4:17	3.2	5:05	4.2	10:14	0.0	11:18	0.5	5:51	8:24	
14	Thu	5:19	3.1	6:04	4.2	11:11	0.0			5:52	8:24	
15	Fri	6:17	3.1	6:57	4.3	12:21	0.4	12:07	0.0	5:53	8:23	
16	Sat	7:09	3.1	7:45	4.4	1:17	0.3	12:59	-0.1	5:53	8:23	
17	Sun	7:57	3.2	8:29	4.4	2:04	0.2	1:48	-0.1	5:54	8:22	
18	Mon	8:42	3.3	9:11	4.4	2:45	0.2	2:32	-0.1	5:55	8:22	
19	Tue	9:25	3.4	9:51	4.4	3:22	0.1	3:14	-0.1	5:56	8:21	
20	Wed	10:07	3.5	10:31	4.3	3:59	0.2	3:54	0.0	5:56	8:20	
21	Thu	10:49	3.6	11:10	4.2	4:35	0.2	4:35	0.2	5:57	8:20	
22	Fri	11:30	3.6	11:48	4.0	5:11	0.3	5:17	0.4	5:58	8:19	
23	Sat			12:11	3.6	5:48	0.4	6:01	0.6	5:59	8:18	
24	Sun	12:28	3.8	12:54	3.6	6:27	0.6	6:48	0.8	6:00	8:17	
25	Mon	1:08	3.6	1:39	3.7	7:08	0.7	7:37	1.0	6:00	8:17	
26	Tue	1:52	3.4	2:29	3.7	7:52	0.7	8:30	1.1	6:01	8:16	
27	Wed	2:41	3.2	3:23	3.8	8:39	0.7	9:26	1.2	6:02	8:15	
28	Thu	3:36	3.1	4:20	4.0	9:31	0.7	10:25	1.1	6:03	8:14	
29	Fri	4:35	3.2	5:18	4.2	10:25	0.5	11:24	0.9	6:04	8:13	
30	Sat	5:33	3.3	6:13	4.5	11:22	0.3			6:04	8:12	
31	Sun	6:29	3.5	7:06	4.8	12:21	0.6	12:19	0.0	6:05	8:11	