

































## Metompkin Inlet, VA - Mar 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:44	3.5	11:03	3.7	4:18	0.0	4:33	0.1	6:33	5:55	
2	Thu	11:22	3.3	11:44	3.6	5:00	0.2	5:12	0.3	6:31	5:56	
3	Fri			12:02	3.1	5:45	0.4	5:55	0.4	6:30	5:57	
4	Sat	12:29	3.5	12:47	3.0	6:35	0.6	6:43	0.5	6:29	5:58	
5	Sun	1:20	3.5	1:39	2.9	7:28	0.8	7:35	0.5	6:27	5:59	
6	Mon	2:18	3.5	2:38	2.9	8:26	0.8	8:33	0.4	6:26	6:00	
7	Tue	3:20	3.7	3:41	3.0	9:26	0.7	9:33	0.2	6:24	6:01	
8	Wed	4:21	3.9	4:41	3.3	10:25	0.4	10:34	-0.1	6:23	6:02	
9	Thu	5:17	4.2	5:37	3.6	11:21	0.1	11:33	-0.5	6:21	6:03	
10	Fri	6:11	4.4	6:30	4.0			12:14	-0.3	6:20	6:04	
11	Sat	7:02	4.6	7:22	4.3	12:29	-0.8	1:03	-0.7	6:18	6:05	
12	Sun	8:52	4.7	9:13	4.6	1:22	-1.1	2:51	-1.0	7:17	7:06	
13	Mon	9:42	4.6	10:04	4.8	3:15	-1.3	3:38	-1.1	7:15	7:07	
14	Tue	10:32	4.5	10:55	4.8	4:07	-1.3	4:26	-1.1	7:14	7:08	
15	Wed	11:21	4.2	11:47	4.7	5:00	-1.1	5:15	-1.0	7:12	7:09	
16	Thu			12:11	3.9	5:54	-0.8	6:06	-0.8	7:11	7:10	
17	Fri	12:40	4.5	1:03	3.5	6:52	-0.5	7:01	-0.5	7:09	7:11	
18	Sat	1:36	4.2	2:00	3.2	7:52	-0.1	8:00	-0.2	7:08	7:12	
19	Sun	2:37	3.9	3:02	2.9	8:56	0.2	9:01	0.0	7:06	7:13	
20	Mon	3:44	3.7	4:10	2.8	10:01	0.4	10:05	0.2	7:05	7:14	
21	Tue	4:54	3.5	5:17	2.9	11:06	0.4	11:09	0.2	7:03	7:15	
22	Wed	5:56	3.5	6:13	3.0			12:04	0.4	7:02	7:15	
23	Thu	6:46	3.6	7:00	3.2	12:08	0.1	12:51	0.3	7:00	7:16	
24	Fri	7:28	3.6	7:41	3.5	12:59	0.0	1:30	0.2	6:59	7:17	
25	Sat	8:07	3.7	8:20	3.7	1:43	-0.1	2:05	0.1	6:57	7:18	
26	Sun	8:45	3.7	8:58	3.9	2:22	-0.2	2:38	0.1	6:56	7:19	
27	Mon	9:22	3.7	9:37	4.0	3:00	-0.2	3:12	0.0	6:54	7:20	
28	Tue	10:00	3.7	10:15	4.1	3:37	-0.2	3:46	0.1	6:53	7:21	
29	Wed	10:37	3.6	10:54	4.1	4:15	-0.1	4:22	0.1	6:51	7:22	
30	Thu	11:15	3.5	11:33	4.0	4:54	0.1	4:58	0.3	6:50	7:23	
31	Fri	11:54	3.4			5:35	0.3	5:38	0.4	6:48	7:24	