

































Metompkin Inlet, VA - Jul 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:27	3.9	3:09	4.1	8:36	-0.1	9:13	0.3	5:44	8:28	
2	Sun	3:27	3.7	4:12	4.2	9:31	-0.1	10:18	0.3	5:45	8:28	
3	Mon	4:29	3.5	5:14	4.4	10:27	-0.2	11:23	0.2	5:45	8:27	
4	Tue	5:31	3.4	6:13	4.6	11:25	-0.3			5:46	8:27	
5	Wed	6:30	3.4	7:08	4.7	12:26	0.1	12:23	-0.4	5:46	8:27	
6	Thu	7:25	3.4	8:01	4.8	1:25	-0.1	1:18	-0.5	5:47	8:27	
7	Fri	8:18	3.5	8:51	4.8	2:17	-0.3	2:10	-0.6	5:47	8:27	
8	Sat	9:09	3.6	9:38	4.7	3:05	-0.3	2:59	-0.6	5:48	8:26	
9	Sun	9:57	3.6	10:24	4.6	3:50	-0.3	3:46	-0.5	5:49	8:26	
10	Mon	10:44	3.6	11:08	4.4	4:33	-0.2	4:32	-0.3	5:49	8:26	
11	Tue	11:29	3.6	11:50	4.2	5:16	-0.1	5:19	0.0	5:50	8:25	
12	Wed			12:14	3.6	5:58	0.1	6:06	0.3	5:50	8:25	
13	Thu	12:33	3.9	1:00	3.5	6:40	0.3	6:55	0.6	5:51	8:24	
14	Fri	1:16	3.6	1:47	3.5	7:22	0.4	7:46	0.8	5:52	8:24	
15	Sat	2:02	3.4	2:38	3.5	8:06	0.6	8:39	1.0	5:53	8:23	
16	Sun	2:51	3.2	3:32	3.6	8:52	0.7	9:33	1.1	5:53	8:23	
17	Mon	3:44	3.0	4:27	3.7	9:39	0.7	10:29	1.2	5:54	8:22	
18	Tue	4:39	3.0	5:20	3.9	10:29	0.7	11:24	1.1	5:55	8:22	
19	Wed	5:33	3.1	6:11	4.1	11:20	0.6			5:55	8:21	
20	Thu	6:24	3.2	6:59	4.3	12:17	0.9	12:10	0.4	5:56	8:20	
21	Fri	7:13	3.4	7:45	4.6	1:07	0.7	1:00	0.2	5:57	8:20	
22	Sat	8:00	3.6	8:30	4.8	1:53	0.4	1:49	0.0	5:58	8:19	
23	Sun	8:48	3.8	9:16	4.9	2:37	0.1	2:36	-0.2	5:59	8:18	
24	Mon	9:35	4.0	10:01	5.0	3:21	-0.1	3:23	-0.3	5:59	8:18	
25	Tue	10:23	4.1	10:47	4.9	4:05	-0.2	4:12	-0.4	6:00	8:17	
26	Wed	11:11	4.3	11:34	4.7	4:50	-0.3	5:03	-0.3	6:01	8:16	
27	Thu			12:01	4.3	5:37	-0.3	5:57	-0.1	6:02	8:15	
28	Fri	12:22	4.5	12:53	4.4	6:26	-0.3	6:54	0.1	6:03	8:14	
29	Sat	1:12	4.1	1:49	4.3	7:18	-0.2	7:55	0.2	6:03	8:13	
30	Sun	2:07	3.8	2:49	4.3	8:12	-0.1	8:59	0.4	6:04	8:13	
31	Mon	3:07	3.5	3:54	4.3	9:09	0.0	10:05	0.5	6:05	8:12	