

































Metompkin Inlet, VA - Aug 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:11	3.3	4:59	4.3	10:08	0.0	11:12	0.4	6:06	8:11	
2	Wed	5:16	3.2	6:01	4.4	11:09	0.0			6:07	8:10	
3	Thu	6:17	3.3	6:57	4.5	12:15	0.3	12:09	-0.1	6:08	8:09	
4	Fri	7:12	3.4	7:47	4.6	1:12	0.2	1:04	-0.2	6:08	8:08	
5	Sat	8:02	3.5	8:34	4.6	2:02	0.1	1:55	-0.3	6:09	8:07	
6	Sun	8:49	3.6	9:17	4.5	2:45	0.0	2:42	-0.3	6:10	8:06	
7	Mon	9:34	3.7	9:59	4.4	3:25	-0.1	3:26	-0.2	6:11	8:04	
8	Tue	10:17	3.8	10:39	4.3	4:03	0.0	4:09	-0.1	6:12	8:03	
9	Wed	10:59	3.9	11:19	4.1	4:40	0.1	4:51	0.1	6:13	8:02	
10	Thu	11:41	3.9	11:59	3.9	5:18	0.2	5:34	0.4	6:14	8:01	
11	Fri			12:23	3.8	5:57	0.4	6:19	0.7	6:14	8:00	
12	Sat	12:39	3.7	1:07	3.8	6:37	0.6	7:07	0.9	6:15	7:59	
13	Sun	1:22	3.4	1:54	3.7	7:20	0.8	7:58	1.1	6:16	7:57	
14	Mon	2:09	3.2	2:46	3.7	8:06	0.9	8:51	1.3	6:17	7:56	
15	Tue	3:01	3.1	3:43	3.8	8:56	0.9	9:47	1.3	6:18	7:55	
16	Wed	3:58	3.1	4:40	3.9	9:49	0.9	10:44	1.2	6:19	7:54	
17	Thu	4:56	3.2	5:35	4.2	10:44	0.8	11:40	1.1	6:20	7:52	
18	Fri	5:51	3.4	6:27	4.4	11:39	0.6			6:20	7:51	
19	Sat	6:43	3.6	7:16	4.7	12:32	0.8	12:33	0.3	6:21	7:50	
20	Sun	7:33	3.9	8:03	4.9	1:21	0.4	1:25	0.0	6:22	7:48	
21	Mon	8:22	4.2	8:50	5.0	2:08	0.1	2:15	-0.3	6:23	7:47	
22	Tue	9:11	4.5	9:37	5.1	2:53	-0.2	3:05	-0.5	6:24	7:46	
23	Wed	10:00	4.7	10:25	5.0	3:38	-0.4	3:55	-0.5	6:25	7:44	
24	Thu	10:49	4.8	11:13	4.7	4:23	-0.5	4:47	-0.5	6:26	7:43	
25	Fri	11:40	4.9			5:10	-0.5	5:42	-0.3	6:26	7:42	
26	Sat	12:02	4.4	12:33	4.8	6:00	-0.3	6:39	0.0	6:27	7:40	
27	Sun	12:53	4.1	1:29	4.7	6:54	-0.2	7:41	0.3	6:28	7:39	
28	Mon	1:49	3.7	2:29	4.5	7:50	0.0	8:45	0.5	6:29	7:37	
29	Tue	2:50	3.4	3:36	4.3	8:50	0.2	9:52	0.6	6:30	7:36	
30	Wed	3:57	3.3	4:44	4.3	9:53	0.3	10:59	0.6	6:31	7:34	
31	Thu	5:05	3.3	5:48	4.3	10:56	0.3			6:31	7:33	