
































Metompkin Inlet, VA - May 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:13	3.7	8:34	4.3	2:01	-0.2	2:06	-0.2	6:05	7:53	
2	Fri	8:55	3.6	9:15	4.4	2:44	-0.3	2:45	-0.2	6:04	7:53	
3	Sat	9:36	3.6	9:56	4.4	3:25	-0.2	3:23	-0.1	6:03	7:54	
4	Sun	10:17	3.5	10:37	4.3	4:05	-0.1	4:02	0.0	6:02	7:55	
5	Mon	10:58	3.4	11:18	4.2	4:45	0.0	4:41	0.2	6:01	7:56	
6	Tue	11:40	3.3			5:26	0.2	5:22	0.4	6:00	7:57	
7	Wed	12:00	4.1	12:23	3.2	6:09	0.5	6:06	0.6	5:59	7:58	
8	Thu	12:43	3.9	1:08	3.1	6:55	0.7	6:53	0.8	5:58	7:59	
9	Fri	1:30	3.8	1:56	3.1	7:42	0.8	7:45	0.9	5:57	8:00	
10	Sat	2:19	3.7	2:50	3.1	8:31	0.9	8:39	1.0	5:56	8:01	
11	Sun	3:13	3.6	3:46	3.2	9:21	0.8	9:36	0.9	5:55	8:02	
12	Mon	4:09	3.6	4:42	3.5	10:11	0.7	10:33	0.8	5:54	8:02	
13	Tue	5:04	3.7	5:35	3.8	11:01	0.5	11:30	0.5	5:53	8:03	
14	Wed	5:56	3.8	6:25	4.2	11:50	0.3			5:52	8:04	
15	Thu	6:46	3.9	7:14	4.6	12:26	0.2	12:40	0.0	5:52	8:05	
16	Fri	7:36	4.0	8:03	4.9	1:19	-0.1	1:28	-0.3	5:51	8:06	
17	Sat	8:26	4.1	8:52	5.2	2:11	-0.4	2:16	-0.6	5:50	8:07	
18	Sun	9:16	4.1	9:43	5.3	3:02	-0.6	3:05	-0.7	5:49	8:08	
19	Mon	10:08	4.0	10:34	5.3	3:53	-0.7	3:55	-0.7	5:49	8:08	
20	Tue	11:00	3.9	11:27	5.2	4:45	-0.7	4:47	-0.6	5:48	8:09	
21	Wed	11:53	3.8			5:40	-0.6	5:42	-0.5	5:47	8:10	
22	Thu	12:20	4.9	12:49	3.7	6:36	-0.4	6:41	-0.2	5:46	8:11	
23	Fri	1:16	4.6	1:48	3.6	7:34	-0.2	7:43	0.0	5:46	8:12	
24	Sat	2:15	4.2	2:52	3.5	8:32	-0.1	8:48	0.2	5:45	8:12	
25	Sun	3:17	3.9	3:58	3.5	9:30	0.0	9:54	0.3	5:45	8:13	
26	Mon	4:20	3.7	5:02	3.7	10:26	0.0	10:59	0.3	5:44	8:14	
27	Tue	5:20	3.5	5:58	3.8	11:19	0.1			5:44	8:15	
28	Wed	6:13	3.4	6:46	4.0	12:01	0.3	12:08	0.0	5:43	8:15	
29	Thu	7:01	3.3	7:29	4.1	12:56	0.2	12:54	0.0	5:43	8:16	
30	Fri	7:45	3.3	8:10	4.3	1:43	0.1	1:35	0.0	5:42	8:17	
31	Sat	8:27	3.3	8:51	4.3	2:25	0.1	2:15	0.0	5:42	8:18	