

































## Metompkin Inlet, VA - Oct 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:34	4.9	11:55	4.1	4:59	0.2	5:40	0.3	6:58	6:45	
2	Thu			12:23	4.8	5:47	0.3	6:34	0.5	6:59	6:43	
3	Fri	12:45	3.9	1:17	4.7	6:40	0.4	7:33	0.6	7:00	6:42	
4	Sat	1:41	3.7	2:17	4.6	7:38	0.5	8:35	0.7	7:01	6:40	
5	Sun	2:43	3.5	3:22	4.5	8:41	0.5	9:39	0.6	7:02	6:39	
6	Mon	3:52	3.5	4:29	4.5	9:46	0.5	10:41	0.5	7:02	6:37	
7	Tue	4:59	3.7	5:32	4.5	10:52	0.3	11:41	0.3	7:03	6:36	
8	Wed	6:01	4.0	6:30	4.5	11:56	0.1			7:04	6:34	
9	Thu	6:56	4.2	7:22	4.5	12:35	0.1	12:54	-0.1	7:05	6:33	
10	Fri	7:46	4.5	8:10	4.5	1:24	-0.2	1:48	-0.3	7:06	6:31	
11	Sat	8:34	4.7	8:56	4.4	2:09	-0.3	2:37	-0.3	7:07	6:30	
12	Sun	9:19	4.8	9:40	4.2	2:52	-0.3	3:24	-0.3	7:08	6:28	
13	Mon	10:03	4.8	10:23	4.0	3:33	-0.3	4:09	-0.1	7:09	6:27	
14	Tue	10:47	4.7	11:06	3.8	4:14	-0.1	4:54	0.1	7:10	6:26	
15	Wed	11:30	4.5	11:50	3.6	4:55	0.2	5:39	0.4	7:11	6:24	
16	Thu			12:15	4.3	5:38	0.5	6:27	0.7	7:12	6:23	
17	Fri	12:35	3.4	1:01	4.1	6:24	0.7	7:17	0.9	7:13	6:21	
18	Sat	1:23	3.2	1:51	3.9	7:14	1.0	8:09	1.1	7:14	6:20	
19	Sun	2:15	3.1	2:46	3.8	8:07	1.2	9:02	1.3	7:15	6:19	
20	Mon	3:13	3.1	3:44	3.7	9:03	1.2	9:54	1.3	7:16	6:17	
21	Tue	4:13	3.2	4:41	3.8	9:59	1.2	10:44	1.1	7:17	6:16	
22	Wed	5:09	3.4	5:32	3.9	10:55	1.1	11:32	1.0	7:18	6:15	
23	Thu	5:58	3.7	6:19	4.0	11:48	0.9			7:19	6:14	
24	Fri	6:44	4.1	7:04	4.2	12:16	0.7	12:38	0.6	7:20	6:12	
25	Sat	7:28	4.4	7:47	4.3	12:59	0.4	1:26	0.4	7:21	6:11	
26	Sun	8:11	4.7	8:31	4.3	1:41	0.2	2:12	0.1	7:22	6:10	
27	Mon	8:55	5.0	9:15	4.3	2:23	0.0	2:58	-0.1	7:23	6:09	
28	Tue	9:40	5.1	10:01	4.2	3:05	-0.2	3:45	-0.1	7:24	6:08	
29	Wed	10:27	5.2	10:48	4.1	3:50	-0.2	4:33	-0.1	7:25	6:06	
30	Thu	11:16	5.2	11:38	4.0	4:36	-0.2	5:25	0.0	7:26	6:05	
31	Fri			12:07	5.0	5:27	-0.1	6:20	0.1	7:27	6:04	