































Metompkin Inlet, VA - Feb 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 3:32 | 3.3 | 3:46 | 2.6 | 9:42 | 0.4 | 9:42 | 0.0 | 7:05 | 5:26 |  |
| 2 | Mon | 4:33 | 3.4 | 4:44 | 2.6 | 10:46 | 0.4 | 10:36 | 0.0 | 7:04 | 5:27 |  |
| 3 | Tue | 5:26 | 3.5 | 5:34 | 2.7 | 11:42 | 0.4 | 11:27 | 0.0 | 7:03 | 5:28 |  |
| 4 | Wed | 6:12 | 3.6 | 6:20 | 2.8 | | | 12:27 | 0.3 | 7:02 | 5:29 |  |
| 5 | Thu | 6:54 | 3.7 | 7:02 | 2.9 | 12:13 | -0.2 | 1:06 | 0.2 | 7:01 | 5:30 |  |
| 6 | Fri | 7:35 | 3.9 | 7:44 | 3.1 | 12:55 | -0.3 | 1:41 | 0.1 | 7:00 | 5:31 |  |
| 7 | Sat | 8:14 | 4.0 | 8:25 | 3.2 | 1:35 | -0.4 | 2:16 | 0.0 | 6:59 | 5:32 |  |
| 8 | Sun | 8:52 | 4.0 | 9:05 | 3.3 | 2:13 | -0.4 | 2:51 | -0.1 | 6:58 | 5:34 |  |
| 9 | Mon | 9:30 | 4.0 | 9:44 | 3.4 | 2:52 | -0.3 | 3:27 | 0.0 | 6:57 | 5:35 |  |
| 10 | Tue | 10:08 | 3.9 | 10:24 | 3.5 | 3:31 | -0.3 | 4:03 | 0.0 | 6:56 | 5:36 |  |
| 11 | Wed | 10:45 | 3.8 | 11:04 | 3.5 | 4:12 | -0.1 | 4:41 | 0.0 | 6:55 | 5:37 |  |
| 12 | Thu | 11:24 | 3.6 | 11:46 | 3.5 | 4:56 | 0.0 | 5:22 | 0.1 | 6:54 | 5:38 |  |
| 13 | Fri | | | 12:05 | 3.5 | 5:44 | 0.2 | 6:06 | 0.1 | 6:53 | 5:39 |  |
| 14 | Sat | 12:33 | 3.6 | 12:52 | 3.3 | 6:37 | 0.3 | 6:54 | 0.2 | 6:52 | 5:40 |  |
| 15 | Sun | 1:27 | 3.6 | 1:47 | 3.1 | 7:35 | 0.4 | 7:48 | 0.1 | 6:51 | 5:41 |  |
| 16 | Mon | 2:27 | 3.7 | 2:49 | 3.0 | 8:37 | 0.4 | 8:47 | 0.0 | 6:49 | 5:42 |  |
| 17 | Tue | 3:32 | 3.9 | 3:54 | 3.1 | 9:41 | 0.2 | 9:49 | -0.3 | 6:48 | 5:43 |  |
| 18 | Wed | 4:36 | 4.2 | 4:56 | 3.2 | 10:45 | 0.0 | 10:51 | -0.6 | 6:47 | 5:44 |  |
| 19 | Thu | 5:36 | 4.4 | 5:55 | 3.5 | 11:46 | -0.3 | 11:51 | -0.9 | 6:46 | 5:45 |  |
| 20 | Fri | 6:32 | 4.6 | 6:51 | 3.7 | | | 12:42 | -0.7 | 6:44 | 5:46 |  |
| 21 | Sat | 7:27 | 4.8 | 7:46 | 4.0 | 12:48 | -1.2 | 1:33 | -0.9 | 6:43 | 5:48 |  |
| 22 | Sun | 8:19 | 4.8 | 8:38 | 4.1 | 1:43 | -1.4 | 2:22 | -1.1 | 6:42 | 5:49 |  |
| 23 | Mon | 9:09 | 4.7 | 9:29 | 4.2 | 2:35 | -1.5 | 3:10 | -1.1 | 6:41 | 5:50 |  |
| 24 | Tue | 9:57 | 4.5 | 10:19 | 4.2 | 3:27 | -1.4 | 3:57 | -1.1 | 6:39 | 5:51 |  |
| 25 | Wed | 10:45 | 4.1 | 11:09 | 4.1 | 4:19 | -1.1 | 4:44 | -0.9 | 6:38 | 5:52 |  |
| 26 | Thu | 11:32 | 3.8 | 11:59 | 3.9 | 5:12 | -0.7 | 5:33 | -0.6 | 6:37 | 5:53 |  |
| 27 | Fri | | | 12:21 | 3.4 | 6:07 | -0.3 | 6:23 | -0.3 | 6:35 | 5:54 |  |
| 28 | Sat | 12:52 | 3.7 | 1:12 | 3.0 | 7:04 | 0.1 | 7:15 | 0.0 | 6:34 | 5:55 |  |