

































Metompkin Inlet, VA - May 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:20	3.4	4:50	3.1	10:25	0.9	10:39	0.9	6:06	7:52	
2	Sat	5:15	3.5	5:42	3.4	11:13	0.8	11:34	0.7	6:05	7:53	
3	Sun	6:04	3.6	6:28	3.7	11:58	0.6			6:03	7:54	
4	Mon	6:50	3.7	7:12	4.0	12:25	0.5	12:42	0.4	6:02	7:55	
5	Tue	7:33	3.8	7:55	4.3	1:12	0.3	1:24	0.2	6:01	7:56	
6	Wed	8:17	3.9	8:38	4.6	1:58	0.1	2:06	0.0	6:00	7:57	
7	Thu	9:00	3.9	9:22	4.8	2:43	-0.1	2:47	-0.1	5:59	7:58	
8	Fri	9:45	3.9	10:07	4.9	3:28	-0.2	3:30	-0.2	5:58	7:59	
9	Sat	10:31	3.8	10:53	4.9	4:14	-0.3	4:15	-0.2	5:57	8:00	
10	Sun	11:18	3.8	11:42	4.9	5:03	-0.2	5:03	-0.2	5:56	8:00	
11	Mon			12:07	3.6	5:54	-0.1	5:55	0.0	5:55	8:01	
12	Tue	12:33	4.7	1:01	3.5	6:49	0.0	6:52	0.1	5:54	8:02	
13	Wed	1:28	4.5	1:59	3.5	7:47	0.1	7:54	0.2	5:53	8:03	
14	Thu	2:27	4.3	3:03	3.5	8:45	0.1	8:58	0.2	5:53	8:04	
15	Fri	3:31	4.1	4:09	3.6	9:44	0.1	10:04	0.2	5:52	8:05	
16	Sat	4:35	3.9	5:13	3.8	10:42	0.0	11:10	0.1	5:51	8:06	
17	Sun	5:36	3.9	6:10	4.1	11:37	-0.2			5:50	8:07	
18	Mon	6:32	3.8	7:03	4.3	12:13	-0.1	12:29	-0.3	5:49	8:07	
19	Tue	7:23	3.7	7:51	4.5	1:11	-0.2	1:18	-0.4	5:49	8:08	
20	Wed	8:11	3.7	8:37	4.6	2:03	-0.4	2:03	-0.4	5:48	8:09	
21	Thu	8:58	3.6	9:22	4.6	2:50	-0.4	2:47	-0.4	5:47	8:10	
22	Fri	9:43	3.5	10:05	4.6	3:35	-0.4	3:29	-0.3	5:47	8:11	
23	Sat	10:27	3.4	10:49	4.5	4:18	-0.2	4:11	-0.1	5:46	8:11	
24	Sun	11:10	3.3	11:32	4.3	5:01	0.0	4:54	0.1	5:45	8:12	
25	Mon	11:54	3.2			5:45	0.2	5:38	0.3	5:45	8:13	
26	Tue	12:16	4.1	12:39	3.1	6:30	0.4	6:25	0.6	5:44	8:14	
27	Wed	1:01	3.9	1:27	3.1	7:16	0.6	7:15	0.8	5:44	8:15	
28	Thu	1:48	3.7	2:18	3.1	8:02	0.7	8:08	0.9	5:43	8:15	
29	Fri	2:38	3.5	3:12	3.1	8:49	0.8	9:02	1.0	5:43	8:16	
30	Sat	3:32	3.5	4:07	3.3	9:36	0.8	9:57	1.0	5:42	8:17	
31	Sun	4:26	3.4	5:00	3.6	10:23	0.7	10:53	0.9	5:42	8:17	