



Metompkin Inlet, VA - Oct 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:51	5.0	9:16	4.9	2:27	-0.5	2:53	-0.7	6:58	6:45	☀
2	Fri	9:41	5.1	10:05	4.7	3:14	-0.6	3:44	-0.7	6:59	6:43	☀
3	Sat	10:30	5.1	10:53	4.4	4:00	-0.6	4:35	-0.5	7:00	6:42	☀
4	Sun	11:19	5.0	11:41	4.0	4:46	-0.4	5:27	-0.2	7:00	6:40	☀
5	Mon			12:08	4.7	5:34	-0.1	6:21	0.2	7:01	6:39	☀
6	Tue	12:30	3.7	12:59	4.5	6:24	0.2	7:17	0.5	7:02	6:37	☀
7	Wed	1:21	3.4	1:53	4.2	7:17	0.6	8:16	0.8	7:03	6:36	☀
8	Thu	2:17	3.2	2:51	3.9	8:13	0.8	9:15	1.0	7:04	6:35	☀
9	Fri	3:18	3.1	3:53	3.8	9:11	1.0	10:14	1.1	7:05	6:33	☀
10	Sat	4:22	3.1	4:54	3.8	10:10	1.1	11:08	1.1	7:06	6:32	☀
11	Sun	5:20	3.2	5:46	3.9	11:06	1.0	11:54	1.0	7:07	6:30	☀
12	Mon	6:09	3.5	6:32	4.0	11:59	0.9			7:08	6:29	☀
13	Tue	6:52	3.7	7:13	4.1	12:35	0.9	12:45	0.7	7:09	6:27	☀
14	Wed	7:33	4.0	7:53	4.1	1:12	0.7	1:29	0.6	7:10	6:26	☀
15	Thu	8:12	4.3	8:32	4.2	1:48	0.5	2:10	0.4	7:11	6:25	☀
16	Fri	8:52	4.5	9:11	4.2	2:24	0.4	2:50	0.3	7:12	6:23	☀
17	Sat	9:31	4.6	9:50	4.1	3:00	0.3	3:30	0.3	7:12	6:22	☀
18	Sun	10:12	4.7	10:31	4.0	3:37	0.3	4:12	0.3	7:13	6:20	☀
19	Mon	10:53	4.8	11:12	3.9	4:16	0.3	4:56	0.4	7:14	6:19	☀
20	Tue	11:36	4.7	11:56	3.7	4:58	0.4	5:44	0.5	7:15	6:18	☀
21	Wed			12:23	4.7	5:44	0.5	6:36	0.7	7:16	6:16	☀
22	Thu	12:45	3.6	1:15	4.6	6:36	0.6	7:33	0.7	7:17	6:15	☀
23	Fri	1:40	3.5	2:12	4.5	7:34	0.7	8:32	0.7	7:18	6:14	☀
24	Sat	2:42	3.4	3:16	4.4	8:37	0.6	9:33	0.6	7:19	6:13	☀
25	Sun	3:49	3.6	4:21	4.4	9:42	0.5	10:33	0.4	7:20	6:11	☀
26	Mon	4:55	3.8	5:24	4.4	10:48	0.3	11:30	0.1	7:21	6:10	☀
27	Tue	5:55	4.1	6:21	4.5	11:52	0.1			7:22	6:09	☀
28	Wed	6:51	4.5	7:14	4.5	12:24	-0.2	12:52	-0.2	7:23	6:08	☀
29	Thu	7:42	4.8	8:05	4.4	1:15	-0.4	1:47	-0.4	7:24	6:07	☀
30	Fri	8:32	5.0	8:54	4.3	2:02	-0.6	2:39	-0.6	7:25	6:06	☀
31	Sat	9:20	5.1	9:41	4.1	2:48	-0.6	3:29	-0.5	7:26	6:04	☀