
































Metompkin Inlet, VA - Nov 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:08	5.0	9:29	3.9	2:33	-0.6	3:17	-0.4	6:27	5:03	
2	Mon	9:55	4.9	10:15	3.7	3:18	-0.4	4:06	-0.1	6:29	5:02	
3	Tue	10:41	4.7	11:02	3.5	4:03	-0.1	4:55	0.2	6:30	5:01	
4	Wed	11:29	4.4	11:51	3.2	4:51	0.2	5:47	0.5	6:31	5:00	
5	Thu			12:18	4.1	5:41	0.5	6:40	0.7	6:32	4:59	
6	Fri	12:43	3.1	1:11	3.9	6:35	0.8	7:34	0.9	6:33	4:58	
7	Sat	1:39	3.0	2:07	3.7	7:31	1.0	8:26	1.0	6:34	4:57	
8	Sun	2:39	3.0	3:05	3.6	8:29	1.1	9:16	1.0	6:35	4:56	
9	Mon	3:38	3.2	3:59	3.6	9:25	1.1	10:03	0.9	6:36	4:56	
10	Tue	4:30	3.4	4:48	3.7	10:20	1.0	10:46	0.7	6:37	4:55	
11	Wed	5:17	3.7	5:33	3.7	11:10	0.8	11:28	0.5	6:38	4:54	
12	Thu	6:00	4.0	6:16	3.8	11:57	0.6			6:39	4:53	
13	Fri	6:41	4.3	6:58	3.9	12:08	0.3	12:42	0.4	6:40	4:52	
14	Sat	7:22	4.6	7:40	3.9	12:48	0.2	1:25	0.2	6:41	4:51	
15	Sun	8:04	4.8	8:22	3.9	1:28	0.0	2:08	0.1	6:42	4:51	
16	Mon	8:47	4.9	9:06	3.8	2:09	-0.1	2:52	0.0	6:43	4:50	
17	Tue	9:31	4.9	9:51	3.7	2:51	-0.1	3:38	0.0	6:44	4:49	
18	Wed	10:17	4.9	10:39	3.6	3:36	-0.1	4:27	0.1	6:45	4:49	
19	Thu	11:06	4.8	11:30	3.5	4:25	0.0	5:20	0.2	6:46	4:48	
20	Fri	11:58	4.6			5:19	0.2	6:16	0.2	6:48	4:48	
21	Sat	12:25	3.5	12:55	4.4	6:19	0.3	7:14	0.2	6:49	4:47	
22	Sun	1:27	3.4	1:56	4.2	7:23	0.3	8:12	0.2	6:50	4:47	
23	Mon	2:33	3.5	2:59	4.0	8:28	0.3	9:10	0.0	6:51	4:46	
24	Tue	3:39	3.8	4:02	3.9	9:34	0.2	10:06	-0.1	6:52	4:46	
25	Wed	4:40	4.0	5:00	3.9	10:39	0.0	11:00	-0.3	6:53	4:45	
26	Thu	5:35	4.3	5:53	3.8	11:40	-0.2	11:51	-0.5	6:54	4:45	
27	Fri	6:26	4.6	6:44	3.8			12:36	-0.3	6:55	4:45	
28	Sat	7:15	4.7	7:32	3.7	12:39	-0.6	1:26	-0.4	6:56	4:44	
29	Sun	8:01	4.8	8:19	3.6	1:24	-0.7	2:14	-0.5	6:57	4:44	
30	Mon	8:47	4.7	9:05	3.5	2:09	-0.6	2:59	-0.4	6:58	4:44	