






























Metompkin Inlet, VA - Feb 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:25	3.6	11:45	3.2	4:52	0.0	5:24	0.2	7:05	5:26	
2	Tue			12:05	3.4	5:37	0.3	6:05	0.3	7:04	5:27	
3	Wed	12:30	3.2	12:48	3.1	6:26	0.5	6:49	0.4	7:03	5:28	
4	Thu	1:18	3.2	1:36	3.0	7:19	0.6	7:36	0.4	7:03	5:29	
5	Fri	2:13	3.3	2:31	2.9	8:15	0.7	8:27	0.3	7:02	5:30	
6	Sat	3:11	3.5	3:30	2.9	9:15	0.6	9:22	0.2	7:01	5:31	
7	Sun	4:11	3.7	4:28	3.0	10:16	0.4	10:19	-0.1	7:00	5:32	
8	Mon	5:08	4.0	5:25	3.1	11:15	0.2	11:16	-0.4	6:59	5:33	
9	Tue	6:02	4.4	6:19	3.4			12:11	-0.2	6:58	5:34	
10	Wed	6:55	4.7	7:12	3.6	12:12	-0.8	1:04	-0.5	6:57	5:36	
11	Thu	7:46	4.9	8:05	3.8	1:06	-1.1	1:53	-0.8	6:55	5:37	
12	Fri	8:37	4.9	8:56	4.0	1:58	-1.3	2:41	-1.0	6:54	5:38	
13	Sat	9:27	4.9	9:48	4.1	2:50	-1.4	3:30	-1.1	6:53	5:39	
14	Sun	10:17	4.6	10:40	4.2	3:43	-1.3	4:18	-1.1	6:52	5:40	
15	Mon	11:06	4.3	11:32	4.1	4:38	-1.1	5:08	-0.9	6:51	5:41	
16	Tue	11:57	3.9			5:35	-0.8	6:00	-0.7	6:50	5:42	
17	Wed	12:27	4.0	12:50	3.5	6:35	-0.4	6:54	-0.5	6:48	5:43	
18	Thu	1:26	3.8	1:47	3.1	7:38	-0.1	7:50	-0.3	6:47	5:44	
19	Fri	2:30	3.6	2:51	2.8	8:44	0.1	8:49	-0.1	6:46	5:45	
20	Sat	3:38	3.5	3:56	2.7	9:52	0.3	9:49	0.0	6:45	5:46	
21	Sun	4:43	3.6	4:58	2.7	10:58	0.3	10:48	0.0	6:44	5:47	
22	Mon	5:39	3.6	5:50	2.8	11:55	0.2	11:42	-0.1	6:42	5:48	
23	Tue	6:26	3.7	6:35	2.9			12:40	0.2	6:41	5:49	
24	Wed	7:08	3.8	7:16	3.1	12:29	-0.2	1:18	0.1	6:40	5:50	
25	Thu	7:47	3.9	7:57	3.3	1:11	-0.3	1:52	0.0	6:38	5:51	
26	Fri	8:25	3.9	8:36	3.4	1:50	-0.4	2:25	0.0	6:37	5:52	
27	Sat	9:03	3.9	9:15	3.5	2:29	-0.4	2:59	0.0	6:36	5:53	
28	Sun	9:40	3.9	9:54	3.6	3:07	-0.3	3:33	0.0	6:34	5:54	