





























Metompkin Inlet, VA - May 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:02	4.4	12:26	3.4	6:14	0.3	6:11	0.4	6:06	7:52	
2	Sun	12:49	4.3	1:15	3.3	7:06	0.4	7:05	0.5	6:05	7:53	
3	Mon	1:42	4.2	2:11	3.2	8:01	0.5	8:05	0.5	6:04	7:54	
4	Tue	2:41	4.2	3:14	3.3	8:59	0.4	9:08	0.4	6:03	7:55	
5	Wed	3:44	4.1	4:19	3.5	9:57	0.3	10:13	0.3	6:01	7:56	
6	Thu	4:48	4.1	5:21	3.8	10:55	0.1	11:18	0.0	6:00	7:57	
7	Fri	5:48	4.2	6:19	4.2	11:51	-0.2			5:59	7:58	
8	Sat	6:44	4.2	7:13	4.6	12:21	-0.3	12:44	-0.5	5:58	7:58	
9	Sun	7:38	4.2	8:05	4.9	1:20	-0.6	1:34	-0.7	5:57	7:59	
10	Mon	8:29	4.1	8:56	5.0	2:15	-0.8	2:23	-0.8	5:56	8:00	
11	Tue	9:20	4.0	9:45	5.0	3:07	-0.8	3:10	-0.8	5:56	8:01	
12	Wed	10:10	3.8	10:34	4.9	3:57	-0.8	3:57	-0.7	5:55	8:02	
13	Thu	10:59	3.6	11:23	4.7	4:47	-0.6	4:44	-0.4	5:54	8:03	
14	Fri	11:47	3.4			5:38	-0.3	5:33	-0.1	5:53	8:04	
15	Sat	12:11	4.5	12:36	3.2	6:29	0.0	6:25	0.2	5:52	8:05	
16	Sun	1:01	4.1	1:27	3.1	7:22	0.3	7:19	0.5	5:51	8:05	
17	Mon	1:52	3.8	2:22	3.0	8:15	0.5	8:15	0.7	5:50	8:06	
18	Tue	2:47	3.6	3:20	3.0	9:07	0.7	9:13	0.8	5:50	8:07	
19	Wed	3:44	3.4	4:19	3.1	9:56	0.7	10:10	0.9	5:49	8:08	
20	Thu	4:40	3.4	5:13	3.3	10:43	0.7	11:06	0.8	5:48	8:09	
21	Fri	5:31	3.4	6:01	3.5	11:28	0.7	11:58	0.7	5:47	8:10	
22	Sat	6:18	3.4	6:44	3.8			12:10	0.6	5:47	8:10	
23	Sun	7:02	3.5	7:26	4.1	12:47	0.6	12:52	0.4	5:46	8:11	
24	Mon	7:45	3.5	8:08	4.3	1:31	0.4	1:32	0.3	5:46	8:12	
25	Tue	8:27	3.6	8:49	4.5	2:14	0.2	2:12	0.2	5:45	8:13	
26	Wed	9:10	3.6	9:31	4.7	2:56	0.1	2:52	0.1	5:44	8:14	
27	Thu	9:52	3.6	10:14	4.7	3:38	0.1	3:33	0.1	5:44	8:14	
28	Fri	10:36	3.5	10:58	4.7	4:22	0.0	4:17	0.1	5:43	8:15	
29	Sat	11:21	3.5	11:44	4.7	5:08	0.1	5:03	0.1	5:43	8:16	
30	Sun			12:09	3.5	5:57	0.1	5:54	0.2	5:43	8:16	
31	Mon	12:33	4.6	1:00	3.4	6:49	0.2	6:50	0.3	5:42	8:17	