

































Metompkin Inlet, VA - Jul 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:02	4.2	2:40	3.9	8:15	-0.1	8:40	0.2	5:44	8:28	
2	Fri	3:00	3.9	3:43	4.0	9:09	-0.1	9:45	0.3	5:45	8:28	
3	Sat	4:02	3.7	4:46	4.1	10:04	-0.1	10:50	0.3	5:45	8:27	
4	Sun	5:03	3.5	5:45	4.3	11:00	-0.2	11:55	0.2	5:46	8:27	
5	Mon	6:02	3.4	6:40	4.5	11:55	-0.3			5:46	8:27	
6	Tue	6:57	3.3	7:32	4.6	12:56	0.0	12:48	-0.3	5:47	8:27	
7	Wed	7:49	3.3	8:21	4.7	1:50	-0.1	1:39	-0.4	5:47	8:27	
8	Thu	8:38	3.4	9:08	4.7	2:39	-0.2	2:27	-0.4	5:48	8:26	
9	Fri	9:25	3.4	9:53	4.6	3:24	-0.2	3:13	-0.3	5:49	8:26	
10	Sat	10:11	3.4	10:37	4.5	4:06	-0.1	3:57	-0.2	5:49	8:26	
11	Sun	10:56	3.4	11:19	4.3	4:48	0.0	4:41	0.0	5:50	8:25	
12	Mon	11:39	3.4			5:29	0.2	5:26	0.2	5:51	8:25	
13	Tue	12:01	4.1	12:23	3.4	6:10	0.3	6:12	0.5	5:51	8:24	
14	Wed	12:43	3.9	1:09	3.3	6:52	0.5	7:00	0.7	5:52	8:24	
15	Thu	1:27	3.7	1:56	3.4	7:34	0.6	7:51	0.9	5:53	8:23	
16	Fri	2:13	3.4	2:47	3.4	8:18	0.7	8:44	1.1	5:53	8:23	
17	Sat	3:02	3.3	3:41	3.5	9:02	0.8	9:39	1.1	5:54	8:22	
18	Sun	3:55	3.2	4:35	3.7	9:49	0.8	10:35	1.1	5:55	8:22	
19	Mon	4:50	3.1	5:28	4.0	10:38	0.7	11:31	0.9	5:56	8:21	
20	Tue	5:43	3.2	6:18	4.2	11:29	0.5			5:56	8:20	
21	Wed	6:34	3.3	7:07	4.5	12:25	0.7	12:20	0.3	5:57	8:20	
22	Thu	7:24	3.5	7:55	4.8	1:16	0.5	1:11	0.0	5:58	8:19	
23	Fri	8:13	3.7	8:43	5.0	2:05	0.2	2:01	-0.2	5:59	8:18	
24	Sat	9:02	3.8	9:32	5.1	2:53	-0.1	2:50	-0.4	5:59	8:18	
25	Sun	9:52	4.0	10:20	5.2	3:39	-0.3	3:40	-0.5	6:00	8:17	
26	Mon	10:42	4.1	11:09	5.1	4:27	-0.4	4:31	-0.5	6:01	8:16	
27	Tue	11:34	4.2	11:58	4.8	5:15	-0.4	5:25	-0.4	6:02	8:15	
28	Wed			12:26	4.2	6:05	-0.4	6:22	-0.2	6:03	8:14	
29	Thu	12:49	4.5	1:21	4.2	6:56	-0.3	7:22	0.0	6:03	8:13	
30	Fri	1:42	4.1	2:19	4.2	7:50	-0.2	8:25	0.2	6:04	8:13	
31	Sat	2:39	3.7	3:22	4.2	8:44	-0.1	9:31	0.4	6:05	8:12	