
































Metompkin Inlet, VA - Jun 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:54	3.5			5:46	-0.4	5:41	-0.3	5:42	8:18	
2	Fri	12:21	4.6	12:47	3.3	6:40	-0.1	6:37	0.0	5:41	8:19	
3	Sat	1:13	4.3	1:43	3.2	7:35	0.1	7:36	0.3	5:41	8:20	
4	Sun	2:07	3.9	2:41	3.1	8:30	0.3	8:36	0.6	5:41	8:20	
5	Mon	3:04	3.6	3:42	3.2	9:21	0.4	9:36	0.7	5:40	8:21	
6	Tue	4:01	3.4	4:40	3.3	10:10	0.5	10:35	0.8	5:40	8:21	
7	Wed	4:56	3.3	5:32	3.5	10:56	0.6	11:32	0.8	5:40	8:22	
8	Thu	5:45	3.2	6:17	3.7	11:39	0.5			5:40	8:22	
9	Fri	6:31	3.2	6:59	3.9	12:24	0.7	12:20	0.5	5:40	8:23	
10	Sat	7:14	3.2	7:40	4.2	1:10	0.6	1:01	0.4	5:40	8:23	
11	Sun	7:56	3.3	8:21	4.3	1:52	0.4	1:41	0.3	5:40	8:24	
12	Mon	8:39	3.3	9:02	4.5	2:32	0.3	2:21	0.2	5:40	8:24	
13	Tue	9:21	3.3	9:43	4.5	3:11	0.3	3:01	0.2	5:40	8:25	
14	Wed	10:03	3.3	10:25	4.6	3:52	0.3	3:41	0.2	5:40	8:25	
15	Thu	10:45	3.3	11:07	4.5	4:33	0.3	4:23	0.3	5:40	8:26	
16	Fri	11:29	3.3	11:50	4.5	5:16	0.3	5:08	0.3	5:40	8:26	
17	Sat			12:14	3.3	6:02	0.3	5:56	0.4	5:40	8:26	
18	Sun	12:35	4.4	1:02	3.4	6:49	0.4	6:50	0.5	5:40	8:26	
19	Mon	1:24	4.2	1:55	3.5	7:39	0.3	7:48	0.5	5:40	8:27	
20	Tue	2:16	4.1	2:53	3.6	8:30	0.2	8:50	0.5	5:41	8:27	
21	Wed	3:14	3.9	3:54	3.9	9:23	0.1	9:54	0.4	5:41	8:27	
22	Thu	4:14	3.8	4:55	4.2	10:17	0.0	10:58	0.2	5:41	8:27	
23	Fri	5:14	3.7	5:53	4.5	11:11	-0.2			5:41	8:27	
24	Sat	6:13	3.7	6:49	4.8	12:02	0.0	12:07	-0.4	5:42	8:28	
25	Sun	7:09	3.6	7:43	5.0	1:03	-0.2	1:01	-0.6	5:42	8:28	
26	Mon	8:04	3.6	8:37	5.1	2:00	-0.4	1:54	-0.7	5:42	8:28	
27	Tue	8:57	3.6	9:29	5.1	2:53	-0.5	2:46	-0.8	5:43	8:28	
28	Wed	9:50	3.6	10:20	5.0	3:44	-0.6	3:37	-0.7	5:43	8:28	
29	Thu	10:41	3.5	11:09	4.8	4:34	-0.5	4:27	-0.5	5:44	8:28	
30	Fri	11:31	3.5	11:57	4.5	5:23	-0.3	5:18	-0.3	5:44	8:28	