
































Metompkin Inlet, VA - Sep 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:47	3.3	2:19	3.8	7:41	1.0	8:28	1.3	6:33	7:30	
2	Sat	2:38	3.1	3:14	3.8	8:30	1.1	9:24	1.4	6:34	7:29	
3	Sun	3:34	3.0	4:13	3.9	9:23	1.2	10:21	1.4	6:35	7:27	
4	Mon	4:33	3.1	5:11	4.0	10:18	1.1	11:18	1.3	6:35	7:26	
5	Tue	5:30	3.2	6:04	4.3	11:13	0.9			6:36	7:24	
6	Wed	6:22	3.5	6:53	4.5	12:11	1.0	12:08	0.6	6:37	7:23	
7	Thu	7:11	3.7	7:40	4.8	1:00	0.7	1:00	0.3	6:38	7:21	
8	Fri	7:58	4.1	8:26	5.0	1:45	0.4	1:49	0.0	6:39	7:20	
9	Sat	8:45	4.4	9:11	5.0	2:29	0.1	2:38	-0.2	6:40	7:18	
10	Sun	9:32	4.6	9:57	5.0	3:12	-0.1	3:27	-0.4	6:40	7:17	
11	Mon	10:20	4.8	10:44	4.8	3:55	-0.3	4:17	-0.4	6:41	7:15	
12	Tue	11:08	4.9	11:32	4.6	4:40	-0.3	5:09	-0.3	6:42	7:14	
13	Wed	11:59	4.9			5:27	-0.2	6:05	0.0	6:43	7:12	
14	Thu	12:21	4.2	12:52	4.9	6:17	-0.1	7:04	0.2	6:44	7:10	
15	Fri	1:14	3.9	1:50	4.7	7:12	0.1	8:07	0.5	6:45	7:09	
16	Sat	2:13	3.5	2:53	4.5	8:11	0.3	9:14	0.6	6:45	7:07	
17	Sun	3:18	3.3	4:02	4.4	9:13	0.4	10:22	0.7	6:46	7:06	
18	Mon	4:29	3.2	5:11	4.4	10:18	0.5	11:28	0.6	6:47	7:04	
19	Tue	5:36	3.3	6:12	4.4	11:22	0.4			6:48	7:03	
20	Wed	6:34	3.5	7:05	4.4	12:27	0.5	12:23	0.3	6:49	7:01	
21	Thu	7:23	3.7	7:50	4.4	1:16	0.4	1:16	0.2	6:50	7:00	
22	Fri	8:07	3.9	8:32	4.4	1:58	0.3	2:03	0.1	6:51	6:58	
23	Sat	8:48	4.1	9:11	4.3	2:35	0.2	2:46	0.0	6:51	6:56	
24	Sun	9:28	4.2	9:50	4.2	3:10	0.2	3:26	0.1	6:52	6:55	
25	Mon	10:07	4.3	10:28	4.1	3:44	0.3	4:06	0.2	6:53	6:53	
26	Tue	10:47	4.3	11:07	3.9	4:19	0.4	4:46	0.4	6:54	6:52	
27	Wed	11:27	4.3	11:46	3.7	4:55	0.6	5:28	0.6	6:55	6:50	
28	Thu			12:08	4.2	5:32	0.8	6:12	0.9	6:56	6:49	
29	Fri	12:27	3.5	12:51	4.1	6:13	1.0	7:00	1.1	6:57	6:47	
30	Sat	1:11	3.3	1:38	4.0	6:58	1.2	7:52	1.3	6:57	6:46	