
































Metompkin Inlet, VA - Apr 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:31	4.0	7:48	3.6	12:55	-0.3	1:36	-0.1	6:46	7:25	
2	Mon	8:16	4.0	8:32	3.8	1:47	-0.4	2:17	-0.2	6:44	7:26	
3	Tue	8:58	4.0	9:13	4.0	2:33	-0.5	2:54	-0.2	6:43	7:27	
4	Wed	9:37	3.9	9:53	4.1	3:15	-0.5	3:30	-0.2	6:41	7:28	
5	Thu	10:16	3.7	10:32	4.1	3:56	-0.4	4:05	-0.1	6:40	7:29	
6	Fri	10:55	3.5	11:12	4.1	4:36	-0.2	4:41	0.1	6:39	7:30	
7	Sat	11:34	3.4	11:52	4.0	5:17	0.0	5:18	0.3	6:37	7:31	
8	Sun			12:15	3.2	6:00	0.3	5:58	0.5	6:36	7:31	
9	Mon	12:34	3.9	12:57	3.0	6:45	0.6	6:41	0.7	6:34	7:32	
10	Tue	1:20	3.7	1:43	2.8	7:34	0.8	7:30	0.9	6:33	7:33	
11	Wed	2:11	3.6	2:36	2.8	8:26	1.0	8:24	1.0	6:31	7:34	
12	Thu	3:08	3.5	3:35	2.8	9:21	1.1	9:21	0.9	6:30	7:35	
13	Fri	4:09	3.6	4:35	2.9	10:16	1.0	10:20	0.8	6:28	7:36	
14	Sat	5:07	3.7	5:31	3.2	11:10	0.8	11:18	0.6	6:27	7:37	
15	Sun	6:00	3.9	6:22	3.6			12:01	0.6	6:26	7:38	
16	Mon	6:49	4.1	7:10	4.0	12:14	0.3	12:48	0.2	6:24	7:39	
17	Tue	7:37	4.2	7:57	4.4	1:08	-0.1	1:33	-0.1	6:23	7:40	
18	Wed	8:23	4.3	8:44	4.7	1:59	-0.4	2:17	-0.4	6:22	7:41	
19	Thu	9:10	4.3	9:32	5.0	2:48	-0.7	3:01	-0.6	6:20	7:42	
20	Fri	9:58	4.2	10:21	5.1	3:38	-0.8	3:47	-0.6	6:19	7:42	
21	Sat	10:47	4.0	11:11	5.1	4:29	-0.8	4:34	-0.6	6:18	7:43	
22	Sun	11:37	3.8			5:23	-0.6	5:24	-0.5	6:16	7:44	
23	Mon	12:03	5.0	12:30	3.5	6:19	-0.4	6:19	-0.2	6:15	7:45	
24	Tue	12:59	4.7	1:26	3.3	7:19	-0.1	7:19	0.0	6:14	7:46	
25	Wed	1:58	4.4	2:29	3.1	8:22	0.1	8:23	0.2	6:12	7:47	
26	Thu	3:04	4.1	3:38	3.1	9:27	0.3	9:30	0.3	6:11	7:48	
27	Fri	4:14	3.9	4:49	3.2	10:30	0.3	10:38	0.3	6:10	7:49	
28	Sat	5:20	3.8	5:52	3.4	11:29	0.3	11:43	0.2	6:09	7:50	
29	Sun	6:17	3.7	6:43	3.6			12:20	0.2	6:08	7:51	
30	Mon	7:06	3.7	7:27	3.8	12:41	0.1	1:04	0.1	6:06	7:52	