


Metompkin Inlet, VA - Aug 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:48	3.5	10:13	4.6	3:38	0.4	3:31	0.2	6:06	8:10	☀
2	Thu	10:30	3.6	10:53	4.5	4:16	0.4	4:12	0.2	6:07	8:09	☀
3	Fri	11:12	3.7	11:32	4.4	4:54	0.3	4:56	0.3	6:08	8:08	☀
4	Sat	11:54	3.8			5:34	0.3	5:43	0.4	6:09	8:07	☀
5	Sun	12:13	4.3	12:39	3.9	6:16	0.4	6:34	0.5	6:10	8:06	☀
6	Mon	12:57	4.1	1:28	4.0	7:01	0.4	7:30	0.6	6:11	8:05	☀
7	Tue	1:45	3.8	2:22	4.1	7:50	0.4	8:30	0.7	6:11	8:04	☀
8	Wed	2:40	3.6	3:23	4.3	8:43	0.3	9:34	0.7	6:12	8:03	☀
9	Thu	3:42	3.4	4:26	4.5	9:39	0.2	10:39	0.6	6:13	8:02	☀
10	Fri	4:47	3.3	5:30	4.7	10:39	0.1	11:45	0.4	6:14	8:00	☀
11	Sat	5:50	3.4	6:30	4.9	11:41	-0.1			6:15	7:59	☀
12	Sun	6:50	3.5	7:28	5.0	12:47	0.2	12:41	-0.3	6:16	7:58	☀
13	Mon	7:47	3.7	8:22	5.1	1:44	-0.1	1:39	-0.5	6:17	7:57	☀
14	Tue	8:41	3.9	9:14	5.1	2:36	-0.3	2:33	-0.7	6:17	7:56	☀
15	Wed	9:33	4.0	10:03	5.0	3:23	-0.4	3:25	-0.7	6:18	7:54	☀
16	Thu	10:23	4.1	10:50	4.8	4:09	-0.4	4:15	-0.5	6:19	7:53	☀
17	Fri	11:11	4.1	11:35	4.4	4:54	-0.3	5:06	-0.3	6:20	7:52	☀
18	Sat	11:59	4.1			5:38	-0.1	5:57	0.0	6:21	7:50	☀
19	Sun	12:20	4.1	12:46	4.0	6:22	0.2	6:49	0.4	6:22	7:49	☀
20	Mon	1:05	3.7	1:34	3.9	7:07	0.4	7:44	0.7	6:23	7:48	☀
21	Tue	1:52	3.4	2:26	3.8	7:53	0.7	8:40	1.0	6:23	7:46	☀
22	Wed	2:44	3.1	3:22	3.7	8:41	0.9	9:38	1.2	6:24	7:45	☀
23	Thu	3:40	2.9	4:21	3.7	9:32	1.0	10:38	1.3	6:25	7:44	☀
24	Fri	4:39	2.9	5:19	3.8	10:25	1.0	11:35	1.2	6:26	7:42	☀
25	Sat	5:36	3.0	6:12	4.0	11:18	0.9			6:27	7:41	☀
26	Sun	6:26	3.1	6:59	4.2	12:26	1.1	12:10	0.8	6:28	7:39	☀
27	Mon	7:12	3.3	7:42	4.4	1:10	1.0	12:58	0.6	6:29	7:38	☀
28	Tue	7:56	3.6	8:24	4.6	1:50	0.8	1:43	0.4	6:29	7:37	☀
29	Wed	8:38	3.8	9:05	4.7	2:28	0.6	2:26	0.2	6:30	7:35	☀
30	Thu	9:20	4.0	9:45	4.7	3:05	0.4	3:09	0.1	6:31	7:34	☀
31	Fri	10:02	4.2	10:25	4.6	3:43	0.3	3:52	0.1	6:32	7:32	☀