
































Metompkin Inlet, VA - Jan 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:20	3.3	1:43	3.5	7:18	0.0	7:56	-0.2	7:17	4:54	
2	Wed	2:23	3.3	2:41	3.2	8:23	0.2	8:47	-0.1	7:17	4:55	
3	Thu	3:27	3.3	3:40	2.9	9:28	0.3	9:38	0.0	7:17	4:56	
4	Fri	4:25	3.5	4:35	2.7	10:33	0.4	10:27	0.0	7:17	4:57	
5	Sat	5:16	3.6	5:24	2.7	11:31	0.4	11:14	0.0	7:17	4:58	
6	Sun	6:01	3.7	6:10	2.7			12:20	0.3	7:17	4:59	
7	Mon	6:43	3.9	6:52	2.7			1:02	0.2	7:17	4:59	
8	Tue	7:24	4.0	7:34	2.8	12:40	-0.1	1:40	0.2	7:17	5:00	
9	Wed	8:05	4.0	8:15	2.9	1:21	-0.2	2:17	0.1	7:17	5:01	
10	Thu	8:46	4.1	8:56	2.9	2:00	-0.2	2:53	0.1	7:17	5:02	
11	Fri	9:26	4.1	9:37	3.0	2:39	-0.2	3:30	0.2	7:17	5:03	
12	Sat	10:05	4.0	10:18	3.0	3:18	-0.2	4:08	0.2	7:16	5:04	
13	Sun	10:43	4.0	10:59	3.0	3:59	0.0	4:47	0.2	7:16	5:05	
14	Mon	11:22	3.8	11:41	3.1	4:42	0.1	5:27	0.3	7:16	5:06	
15	Tue			12:03	3.6	5:29	0.3	6:10	0.3	7:15	5:07	
16	Wed	12:27	3.2	12:47	3.4	6:22	0.4	6:54	0.2	7:15	5:08	
17	Thu	1:19	3.3	1:37	3.2	7:19	0.4	7:43	0.2	7:15	5:09	
18	Fri	2:16	3.5	2:35	3.1	8:20	0.4	8:35	0.0	7:14	5:10	
19	Sat	3:17	3.7	3:36	3.0	9:24	0.3	9:31	-0.2	7:14	5:12	
20	Sun	4:19	4.0	4:37	3.0	10:29	0.1	10:29	-0.4	7:13	5:13	
21	Mon	5:18	4.4	5:37	3.1	11:32	-0.1	11:28	-0.7	7:13	5:14	
22	Tue	6:16	4.7	6:34	3.2			12:32	-0.4	7:12	5:15	
23	Wed	7:12	4.9	7:30	3.4	12:26	-1.0	1:27	-0.7	7:12	5:16	
24	Thu	8:07	5.0	8:24	3.5	1:21	-1.3	2:19	-0.9	7:11	5:17	
25	Fri	9:00	5.0	9:17	3.6	2:15	-1.4	3:09	-0.9	7:10	5:18	
26	Sat	9:50	4.8	10:10	3.6	3:08	-1.4	3:58	-0.9	7:10	5:19	
27	Sun	10:40	4.5	11:01	3.6	4:01	-1.2	4:46	-0.8	7:09	5:20	
28	Mon	11:28	4.1	11:53	3.5	4:56	-0.9	5:35	-0.6	7:08	5:21	
29	Tue			12:16	3.7	5:53	-0.5	6:24	-0.4	7:07	5:23	
30	Wed	12:46	3.4	1:06	3.2	6:51	-0.1	7:13	-0.2	7:07	5:24	
31	Thu	1:42	3.3	2:00	2.8	7:51	0.2	8:03	0.0	7:06	5:25	