
































Metompkin Inlet, VA - Jun 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:34	3.5	5:08	3.6	10:32	0.7	11:01	0.8	5:42	8:18	
2	Sun	5:26	3.5	5:57	4.0	11:19	0.5	11:57	0.5	5:41	8:19	
3	Mon	6:16	3.6	6:45	4.4			12:06	0.2	5:41	8:19	
4	Tue	7:04	3.6	7:33	4.7	12:51	0.2	12:53	0.0	5:41	8:20	
5	Wed	7:53	3.7	8:21	5.0	1:44	0.0	1:41	-0.2	5:41	8:21	
6	Thu	8:43	3.7	9:11	5.2	2:35	-0.3	2:29	-0.4	5:40	8:21	
7	Fri	9:34	3.7	10:02	5.3	3:25	-0.4	3:18	-0.5	5:40	8:22	
8	Sat	10:26	3.6	10:55	5.2	4:17	-0.4	4:09	-0.5	5:40	8:22	
9	Sun	11:19	3.6	11:48	5.1	5:10	-0.4	5:03	-0.4	5:40	8:23	
10	Mon			12:14	3.5	6:05	-0.3	6:01	-0.3	5:40	8:23	
11	Tue	12:43	4.8	1:12	3.5	7:02	-0.2	7:03	-0.1	5:40	8:24	
12	Wed	1:40	4.5	2:13	3.5	7:59	-0.1	8:07	0.1	5:40	8:24	
13	Thu	2:39	4.1	3:18	3.5	8:55	0.0	9:14	0.3	5:40	8:25	
14	Fri	3:40	3.8	4:23	3.7	9:49	0.0	10:20	0.4	5:40	8:25	
15	Sat	4:41	3.5	5:24	3.9	10:42	0.1	11:26	0.4	5:40	8:25	
16	Sun	5:38	3.3	6:16	4.0	11:32	0.1			5:40	8:26	
17	Mon	6:30	3.2	7:03	4.2	12:27	0.3	12:19	0.1	5:40	8:26	
18	Tue	7:17	3.1	7:46	4.3	1:21	0.2	1:04	0.0	5:40	8:26	
19	Wed	8:01	3.1	8:28	4.4	2:07	0.2	1:47	0.0	5:40	8:27	
20	Thu	8:44	3.1	9:10	4.4	2:49	0.2	2:28	0.1	5:41	8:27	
21	Fri	9:27	3.1	9:51	4.4	3:28	0.2	3:08	0.1	5:41	8:27	
22	Sat	10:09	3.1	10:33	4.3	4:06	0.3	3:48	0.2	5:41	8:27	
23	Sun	10:51	3.1	11:15	4.3	4:45	0.4	4:29	0.3	5:41	8:27	
24	Mon	11:33	3.1	11:56	4.1	5:25	0.5	5:11	0.5	5:42	8:28	
25	Tue			12:16	3.1	6:06	0.6	5:56	0.6	5:42	8:28	
26	Wed	12:37	4.0	1:00	3.1	6:48	0.7	6:44	0.8	5:42	8:28	
27	Thu	1:20	3.8	1:47	3.2	7:31	0.8	7:35	0.9	5:43	8:28	
28	Fri	2:05	3.7	2:38	3.3	8:14	0.8	8:30	1.0	5:43	8:28	
29	Sat	2:54	3.5	3:31	3.5	8:59	0.7	9:27	0.9	5:43	8:28	
30	Sun	3:47	3.4	4:26	3.8	9:46	0.6	10:26	0.8	5:44	8:28	