

































Metompkin Inlet, VA - Mar 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:46	3.8	9:59	3.6	3:11	-0.2	3:37	0.1	6:33	5:55	
2	Sun	10:21	3.7	10:37	3.7	3:50	-0.1	4:11	0.2	6:31	5:56	
3	Mon	10:57	3.5	11:15	3.7	4:32	0.1	4:46	0.3	6:30	5:57	
4	Tue	11:35	3.3	11:58	3.7	5:16	0.3	5:25	0.3	6:29	5:58	
5	Wed			12:17	3.1	6:05	0.4	6:10	0.4	6:27	5:59	
6	Thu	12:46	3.7	1:06	2.9	7:00	0.6	7:01	0.4	6:26	6:00	
7	Fri	1:43	3.7	2:05	2.8	8:01	0.7	8:00	0.4	6:24	6:01	
8	Sat	2:49	3.8	3:12	2.8	9:05	0.6	9:03	0.2	6:23	6:02	
9	Sun	4:57	4.0	5:19	2.9	11:11	0.5	11:09	-0.1	7:21	7:03	
10	Mon	6:01	4.2	6:21	3.2			12:14	0.2	7:20	7:04	
11	Tue	7:00	4.5	7:18	3.5	12:13	-0.4	1:10	-0.2	7:18	7:05	
12	Wed	7:55	4.7	8:13	3.9	1:13	-0.8	2:01	-0.5	7:17	7:06	
13	Thu	8:46	4.7	9:05	4.2	2:10	-1.1	2:49	-0.8	7:15	7:07	
14	Fri	9:36	4.7	9:56	4.4	3:03	-1.3	3:34	-1.0	7:14	7:08	
15	Sat	10:24	4.5	10:45	4.6	3:56	-1.3	4:19	-1.0	7:12	7:09	
16	Sun	11:11	4.2	11:34	4.5	4:48	-1.1	5:04	-0.8	7:11	7:10	
17	Mon	11:58	3.8			5:41	-0.8	5:51	-0.6	7:09	7:11	
18	Tue	12:23	4.4	12:46	3.4	6:35	-0.4	6:39	-0.3	7:08	7:12	
19	Wed	1:14	4.1	1:36	3.0	7:33	0.0	7:31	0.1	7:06	7:13	
20	Thu	2:10	3.8	2:32	2.7	8:34	0.4	8:28	0.4	7:05	7:14	
21	Fri	3:12	3.6	3:35	2.5	9:38	0.7	9:28	0.5	7:03	7:15	
22	Sat	4:21	3.4	4:43	2.5	10:46	0.8	10:30	0.6	7:02	7:16	
23	Sun	5:28	3.4	5:44	2.6	11:49	0.8	11:31	0.5	7:00	7:16	
24	Mon	6:24	3.5	6:34	2.8			12:39	0.8	6:59	7:17	
25	Tue	7:09	3.6	7:17	3.1	12:25	0.4	1:17	0.6	6:57	7:18	
26	Wed	7:48	3.7	7:57	3.4	1:12	0.2	1:50	0.5	6:56	7:19	
27	Thu	8:25	3.8	8:36	3.6	1:53	0.1	2:22	0.3	6:54	7:20	
28	Fri	9:02	3.9	9:14	3.8	2:32	-0.1	2:54	0.2	6:53	7:21	
29	Sat	9:39	3.8	9:52	4.0	3:11	-0.1	3:26	0.1	6:51	7:22	
30	Sun	10:15	3.8	10:30	4.1	3:49	-0.1	4:00	0.1	6:50	7:23	
31	Mon	10:52	3.6	11:08	4.2	4:29	0.0	4:35	0.2	6:48	7:24	