
































Metompkin Inlet, VA - Jun 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:54	4.6	1:22	3.3	7:14	0.2	7:11	0.3	5:42	8:18	
2	Mon	1:50	4.4	2:22	3.3	8:10	0.2	8:16	0.3	5:41	8:19	
3	Tue	2:49	4.1	3:27	3.5	9:05	0.2	9:22	0.3	5:41	8:19	
4	Wed	3:51	3.9	4:31	3.8	10:00	0.1	10:28	0.3	5:41	8:20	
5	Thu	4:52	3.7	5:31	4.1	10:53	-0.1	11:34	0.2	5:41	8:20	
6	Fri	5:50	3.6	6:26	4.4	11:45	-0.2			5:40	8:21	
7	Sat	6:44	3.5	7:17	4.6	12:36	0.0	12:35	-0.3	5:40	8:22	
8	Sun	7:35	3.4	8:05	4.7	1:33	-0.1	1:24	-0.3	5:40	8:22	
9	Mon	8:24	3.3	8:52	4.8	2:24	-0.2	2:10	-0.4	5:40	8:23	
10	Tue	9:12	3.2	9:39	4.7	3:12	-0.2	2:56	-0.3	5:40	8:23	
11	Wed	9:58	3.2	10:24	4.6	3:57	-0.1	3:40	-0.2	5:40	8:24	
12	Thu	10:44	3.1	11:10	4.4	4:42	0.0	4:25	0.0	5:40	8:24	
13	Fri	11:29	3.1	11:54	4.2	5:26	0.2	5:10	0.2	5:40	8:24	
14	Sat			12:14	3.0	6:11	0.4	5:58	0.4	5:40	8:25	
15	Sun	12:39	4.0	1:01	3.0	6:56	0.6	6:47	0.7	5:40	8:25	
16	Mon	1:24	3.8	1:50	3.0	7:41	0.7	7:40	0.9	5:40	8:26	
17	Tue	2:12	3.6	2:43	3.1	8:25	0.8	8:34	1.0	5:40	8:26	
18	Wed	3:02	3.4	3:37	3.2	9:08	0.8	9:29	1.1	5:40	8:26	
19	Thu	3:53	3.3	4:30	3.4	9:52	0.8	10:25	1.0	5:40	8:27	
20	Fri	4:45	3.2	5:21	3.7	10:36	0.7	11:21	0.9	5:40	8:27	
21	Sat	5:36	3.2	6:09	4.0	11:22	0.6			5:41	8:27	
22	Sun	6:25	3.2	6:55	4.3	12:15	0.7	12:09	0.4	5:41	8:27	
23	Mon	7:12	3.3	7:41	4.6	1:06	0.5	12:56	0.2	5:41	8:27	
24	Tue	8:00	3.3	8:29	4.8	1:55	0.3	1:44	0.0	5:41	8:27	
25	Wed	8:48	3.4	9:17	5.0	2:43	0.1	2:31	-0.2	5:42	8:28	
26	Thu	9:37	3.5	10:07	5.1	3:31	-0.1	3:20	-0.3	5:42	8:28	
27	Fri	10:28	3.5	10:57	5.1	4:20	-0.1	4:10	-0.3	5:43	8:28	
28	Sat	11:19	3.6	11:47	4.9	5:09	-0.2	5:03	-0.3	5:43	8:28	
29	Sun			12:12	3.6	6:01	-0.1	6:00	-0.2	5:43	8:28	
30	Mon	12:38	4.7	1:07	3.7	6:53	-0.1	7:00	0.0	5:44	8:28	